

# **CAREERS** 360

## **PREPARATION** **Series**

### **CAT 2025**

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# **300+ Most Important Phrasal Verbs**

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# PHRASAL VERBS

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## What are Phrasal Verbs?

Phrasal verbs are a type of multi-word verb in English that consist of a main verb combined with one or more particles (usually prepositions or adverbs). These particles can completely change the meaning of the main verb and create new idiomatic expressions. Phrasal verbs are an essential aspect of English language usage and are commonly used in both spoken and written communication.

## Types of Phrasal Verbs

Phrasal verbs can be categorized into several types based on their meanings and usage. The Main 4 types are:

**1. Transitive Phrasal Verbs:** These are phrasal verbs that require a direct object to complete their meaning. The object comes after the particle. Examples:

“She turned off the lights.”  
“They picked up the trash.”

**2. Intransitive Phrasal Verbs:** These phrasal verbs do not require a direct object. They are complete on their own and don't need an object to make sense. Examples:

“He woke up early.”  
“They laughed off the criticism.”

**3. Separable Phrasal Verbs:** In these phrasal verbs, the particle can be separated from the main verb by the object. Examples:

“She put on her coat.”  
“She put her coat on.”

**4. Inseparable Phrasal Verbs:** The particle and main verb cannot be separated by the object. Examples:

“They look after their grandparents.”  
“She is looking after the project.”

## Some key points to know about phrasal verbs:

- 1. Formation:** Phrasal verbs are formed by combining a main verb (e.g., “take,” “give,” “put”) with one or more particles (e.g., “up,” “off,” “out”). The particle can come before or after the main verb, and this placement often changes the meaning of the phrasal verb.
- 2. Usage:** Phrasal verbs are commonly used in informal speech and writing. They add nuance and versatility to language, allowing speakers to convey various shades of meaning. However, they might be used more sparingly in formal writing.
- 3. Idiomatic Expressions:** Many phrasal verbs have idiomatic meanings that are not necessarily predictable based on the individual meanings of the main verb and particle. Learning these idiomatic expressions is crucial for understanding and using phrasal verbs effectively.
- 4. Context:** The meaning of a phrasal verb can often be inferred from the context in which it is used. Consider the surrounding words and sentences to understand the intended meaning.
- 5. Learning Tips:**
  - **Practice:** Engage in regular conversations, readings, and writing exercises to practice using phrasal verbs.
  - **Focus on Common Ones:** Start with commonly used phrasal verbs before exploring more complex or specialised ones.
  - **Note Prepositions:** Pay attention to the prepositions used as particles, as they often carry specific meanings.

## Some other common types of Phrasal verbs are:

- 1. Phrasal Verbs with a Preposition and Adverbial Particle:** Some phrasal verbs consist of both a preposition and an adverbial particle. Examples:

“He broke up with his girlfriend.”

“She looked up to her teacher.”

- 2. Phrasal Verbs with Literal and Figurative Meanings:** Many phrasal verbs have both a literal and a figurative meaning. The figurative meaning is often idiomatic and not directly related to the literal sense. Examples:

Literal: “She put the toys away.”

Figurative: “She put her worries away.”

- 3. Phrasal Verbs with Multiple Meanings:** Some phrasal verbs can have multiple meanings based on context. Examples:

“Turn up the volume” (increase volume) vs. “He’ll turn up eventually” (arrive unexpectedly).

**4. Phrasal Verbs with Prepositional and Particle Switch:** In some cases, switching the preposition and particle can result in a change of meaning. Examples:

“Look up” (research) vs. “Look up to” (admire).

**5. Phrasal Verbs with Synonyms:** Some phrasal verbs have synonyms that use a single verb instead of a combination. Examples:

“Put off” (delay) vs. “Postpone” (single-word synonym).

**6. Phrasal Verbs with One-Word Equivalents:** In certain cases, phrasal verbs have one-word equivalents that carry a similar meaning. Examples:

“Find out” (discover) vs. “Learn.”

**7. Phrasal Verbs for Daily Activities:** These phrasal verbs are commonly used to describe routine activities. Examples:

“Get up” (rise from bed)

“Go out” (leave the house)

**8. Phrasal Verbs for Social Interaction:** These phrasal verbs describe various social interactions. Examples:

“Hang out” (spend time together)

“Catch up” (exchange news and updates)

## 300+ Most Important Phrasal Verbs

Phrasal Verb	Meaning	Type	Examples
Ask for	Request or inquire about something.	Transitive	<ol style="list-style-type: none"> <li>1. He asked for a raise at work.</li> <li>2. She asked me for directions.</li> <li>3. They asked the teacher for an extension.</li> </ol>
Bring up	Raise a topic or subject in conversation.	Transitive	<ol style="list-style-type: none"> <li>1. He brought up the issue of climate change.</li> <li>2. She brought the topic up during the discussion.</li> <li>3. They brought up concerns about the policy.</li> </ol>
Carry out	Complete or perform a task or activity.	Transitive	<ol style="list-style-type: none"> <li>1. The company plans to carry out a market survey.</li> <li>2. She carried out the experiment as instructed.</li> <li>3. They will carry out the project next month.</li> </ol>
Account for	Explain or give reasons for something.	Transitive	<ol style="list-style-type: none"> <li>1. She had to account for her missing homework.</li> <li>2. The witness tried to account for the events of that night.</li> <li>3. The company must account for the drop in sales.</li> </ol>
Break down	Stop working or functioning.	Intransitive	<ol style="list-style-type: none"> <li>1. The car broke down on the highway.</li> <li>2. Her emotions broke down when she heard the news.</li> <li>3. The negotiations broke down due to disagreements.</li> </ol>
Fall apart	Disintegrate or break into pieces.	Intransitive	<ol style="list-style-type: none"> <li>1. The old building is starting to fall apart.</li> <li>2. Their relationship fell apart after the argument.</li> <li>3. The plan fell apart when key members quit.</li> </ol>
Ask out	Invite someone on a date.	Separable	<ol style="list-style-type: none"> <li>1. He finally asked her out to dinner.</li> <li>2. She asked him out for a movie this weekend. They were too shy to ask each other out.</li> </ol>

Back up	Support or provide evidence for something.	Transitive	<ol style="list-style-type: none"> <li>1. Can you back up your claims with facts?</li> <li>2. His story is backed up by multiple witnesses.</li> <li>3. She always backs up her arguments with research.</li> </ol>
Calm down	Relax or become less agitated.	Intransitive	<ol style="list-style-type: none"> <li>1. Please calm down and tell me what happened.</li> <li>2. He needs to calm down before he speaks to the team.</li> <li>3. The soothing music helped her calm down.</li> </ol>
Get over	Recover from an illness or emotional distress.	Intransitive	<ol style="list-style-type: none"> <li>1. It took her a long time to get over the loss.</li> <li>2. He needs to get over his fear of public speaking.</li> <li>3. The medicine helped him get over the flu.</li> </ol>
Call off	Cancel an event or arrangement.	Transitive	<ol style="list-style-type: none"> <li>1. They had to call off the picnic due to bad weather.</li> <li>2. The wedding was called off at the last minute.</li> <li>3. The manager decided to call off the meeting.</li> </ol>
Find out	Discover or obtain information.	Intransitive	<ol style="list-style-type: none"> <li>1. I need to find out more about this topic.</li> <li>2. She found out the truth about the situation.</li> <li>3. We'll find out if the store is open tomorrow.</li> </ol>
Look after	Take care of or attend to someone or something.	Intransitive	<ol style="list-style-type: none"> <li>1. She promised to look after the dog while we're away.</li> <li>2. He's old enough to look after himself now.</li> <li>3. The nurse will look after you during your stay.</li> <li>4.</li> </ol>
Stand up	Rise from a seated position.	Intransitive	<ol style="list-style-type: none"> <li>1. Please stand up and introduce yourself.</li> <li>2. The audience stood up to applaud the performance.</li> <li>3. He stood up when the judge entered the courtroom.</li> </ol>
Come across	Find or discover something unexpectedly.	Intransitive	<ol style="list-style-type: none"> <li>1. While hiking, we came across a hidden waterfall.</li> <li>2. She came across some old photographs in the attic.</li> <li>3. He often comes across as confident in public.</li> </ol>

Go along	Progress or proceed.	Intransitive	<ol style="list-style-type: none"> <li>1. Let's see how things go along before making a decision.</li> <li>2. The project is going along smoothly.</li> <li>3. He didn't want to go along with their risky plan.</li> </ol>
Bring up	Raise a topic or mention something.	Separable	<ol style="list-style-type: none"> <li>1. She brought up the issue during the meeting.</li> <li>2. He was brought up in a small village.</li> <li>3. Don't bring that topic up again.</li> </ol>
Do away with	Eliminate or get rid of something.	Separable	<ol style="list-style-type: none"> <li>1. The government wants to do away with excessive regulations.</li> <li>2. They decided to do away with the old traditions.</li> <li>3. It's time to do away with this outdated technology.</li> </ol>
Set off	Begin a journey or start a process	Transitive	<ol style="list-style-type: none"> <li>1. We're planning to set off on our trip tomorrow.</li> <li>2. The alarm accidentally set off a panic.</li> <li>3. His speech set off a heated debate.</li> </ol>
Get along	Have a harmonious relationship.	Intransitive	<ol style="list-style-type: none"> <li>1. They get along well despite their differences.</li> <li>2. She finds it easy to get along with new people.</li> <li>3. Can you get along with your new roommate?</li> </ol>
Break up	End a relationship or separate into parts.	Transitive	<ol style="list-style-type: none"> <li>1. They decided to break up after years of dating.</li> <li>2. The fight caused the group to break up.</li> <li>3. The cake will break up into smaller pieces.</li> </ol>
Look up	Search for information in a reference source.	Intransitive	<ol style="list-style-type: none"> <li>1. You should look up that word in the dictionary.</li> <li>2. Let's look up the address on the internet.</li> <li>3. She looked up the recipe online.</li> </ol>
Check in	Register or arrive at a hotel or event.	Transitive	<ol style="list-style-type: none"> <li>1. We'll check in at the hotel around 3 PM.</li> <li>2. They checked in for their flight online.</li> <li>3. Make sure to check in with the receptionist.</li> </ol>
Run out	Exhaust the supply of something.	Intransitive	<ol style="list-style-type: none"> <li>1. We're going to run out of coffee soon.</li> <li>2. I ran out of patience waiting for the bus.</li> <li>3. The team ran out of time to finish the project.</li> </ol>

Take on	Accept a responsibility or challenge.	Transitive	<ol style="list-style-type: none"> <li>1. She's taken on a leadership role in the project.</li> <li>2. The company decided to take on the ambitious project.</li> <li>3. I can't take on any more work right now.</li> </ol>
Carry out	Complete or perform a task or action.	Transitive	<ol style="list-style-type: none"> <li>1. The researchers carried out a study on climate change.</li> <li>2. The company plans to carry out a survey next week.</li> <li>3. He was able to carry out his duties efficiently.</li> </ol>
Hold on to	Keep or retain possession of something.	Transitive	<ol style="list-style-type: none"> <li>1. She likes to hold on to sentimental items.</li> <li>2. It's important to hold on to your dreams.</li> <li>3. He held on to his childhood memories.</li> </ol>
Put up with	Tolerate or endure a difficult situation or person.	Transitive	<ol style="list-style-type: none"> <li>1. She can't put up with his constant complaining.</li> <li>2. They put up with the noisy neighbours for years.</li> <li>3. He's had enough and won't put up with it anymore.</li> </ol>
Go through	Examine, experience, or endure something.	Transitive	<ol style="list-style-type: none"> <li>1. We need to go through the documents before the meeting.</li> <li>2. She's been through a lot in the past year.</li> <li>3. He'll have to go through a rigorous training program.</li> </ol>
Look after	Take care of or attend to someone or something.	Inseparable	<ol style="list-style-type: none"> <li>1. She promised to look after the dog while we're away.</li> <li>2. He's old enough to look after himself now.</li> <li>3. The nurse will look after you during your stay.</li> </ol>
Turn down	Reject or decline an offer or request.	Inseparable	<ol style="list-style-type: none"> <li>1. She turned down the job offer because of the salary.</li> <li>2. The company turned down their proposal.</li> <li>3. He turned down the invitation to the event.</li> </ol>
Take up	Begin a hobby, activity, or challenge.	Transitive	<ol style="list-style-type: none"> <li>1. He decided to take up painting as a hobby.</li> <li>2. She wants to take up the challenge of running a marathon.</li> <li>3. They took up the offer to join the club.</li> </ol>
Turn off	Deactivate or stop the	Separable	<ol style="list-style-type: none"> <li>1. Can you turn off the lights before leaving?</li> <li>2. He turned off the TV and went to bed.</li> </ol>

	operation of a device.		3. The technician turned off the alarm system.
Run into	Encounter someone or something unexpectedly.	Separable	<ol style="list-style-type: none"> <li>1. I ran into my old friend at the grocery store.</li> <li>2. We ran into a problem during the project.</li> <li>3. She often runs into difficulties with the new software.</li> </ol>
Break up	End a relationship or group into smaller parts.	Inseparable	<ol style="list-style-type: none"> <li>1. The couple decided to break up after years of dating.</li> <li>2. The party broke up when it started raining.</li> <li>3. The organisation is breaking up into smaller teams.</li> </ol>
Sort out	Organise, resolve, or clarify a situation.	Transitive	<ol style="list-style-type: none"> <li>1. We need to sort out the issues with the project timeline.</li> <li>2. She's trying to sort out her priorities.</li> <li>3. The team worked hard to sort out the logistical challenges.</li> </ol>
Look forward to	Anticipate or await something eagerly.	Intransitive	<ol style="list-style-type: none"> <li>1. We're looking forward to the upcoming vacation.</li> <li>2. She looks forward to spending time with her family.</li> <li>3. He looked forward to the annual company retreat.</li> </ol>
Set up	Establish, arrange, or create something.	Transitive	<ol style="list-style-type: none"> <li>1. They set up a new business last year.</li> <li>2. Let's set up a meeting to discuss the project.</li> <li>3. He helped set up the equipment for the event.</li> </ol>
Come up	Arise or become available; be mentioned or discussed.	Intransitive	<ol style="list-style-type: none"> <li>1. A sudden opportunity came up for a promotion.</li> <li>2. The topic of climate change came up during the conversation.</li> <li>3. We need to be prepared for any challenges that come up.</li> </ol>
Go over	Review or examine something in detail.	Intransitive	<ol style="list-style-type: none"> <li>1. Let's go over the main points of the presentation.</li> <li>2. She went over her notes before the exam.</li> <li>3. The team went over the project plan again.</li> </ol>
Stand out	Be easily noticeable or be distinct from others.	Intransitive	<ol style="list-style-type: none"> <li>1. Her talent for singing really stands out in the choir.</li> <li>2. The bright colours make the painting stand out.</li> <li>3. Your unique approach will make your work stand out.</li> </ol>

Get up	Rise from a lying or seated position; become active.	Intransitive	<ol style="list-style-type: none"> <li>1. She gets up early every morning to exercise.</li> <li>2. I struggled to get up after a long day of hiking.</li> <li>3. It's time to get up and start the day.</li> </ol>
Look in	Visit briefly or quickly.	Intransitive	<ol style="list-style-type: none"> <li>1. Can you look in on the children while I'm at the store?</li> <li>2. She looked in at the party for a few minutes.</li> <li>3. He'll look in at the office to grab his laptop.</li> </ol>
Show off	Flaunt or display one's abilities or possessions.	Inseparable	<ol style="list-style-type: none"> <li>1. He loves to show off his culinary skills.</li> <li>2. She showed off her impressive collection of artwork.</li> <li>3. The athlete showed off his speed on the track.</li> </ol>
Put off	Postpone or delay an event or task.	Separable	<ol style="list-style-type: none"> <li>1. They put off the concert due to bad weather.</li> <li>2. Don't put off making important decisions.</li> <li>3. She decided to put the meeting off until next week.</li> </ol>
Call back	Return a phone call.	Transitive	<ol style="list-style-type: none"> <li>1. He promised to call her back after the meeting.</li> <li>2. I missed your call, can you please call back?</li> <li>3. The customer service representative will call back shortly.</li> </ol>
Take off	Remove clothing or start a flight.	Separable	<ol style="list-style-type: none"> <li>1. I'll take off my coat before we sit down.</li> <li>2. The plane will take off in a few minutes.</li> <li>3. She took off her shoes before entering the house.</li> </ol>
Put on	Wear clothing or apply makeup; organise an event.	Transitive	<ol style="list-style-type: none"> <li>1. She put on her favourite dress for the party.</li> <li>2. They're putting on a charity fundraiser next month.</li> <li>3. He put on some sunscreen before going to the beach.</li> </ol>
Call up	Telephone someone.	Transitive	<ol style="list-style-type: none"> <li>1. I'll call up the restaurant and make a reservation.</li> <li>2. She called him up to discuss the project.</li> <li>3. He called up his friend to invite her to the party.</li> </ol>

Give away	Donate, reveal unintentionally, or give something for free.	Transitive	<ol style="list-style-type: none"> <li>1. She gave away all her old clothes to charity.</li> <li>2. He accidentally gave away the surprise party plan.</li> <li>3. The company gave away free samples at the event.</li> </ol>
Turn off	Deactivate or stop the operation of a device.	Transitive	<ol style="list-style-type: none"> <li>1. Can you turn off the lights before leaving?</li> <li>2. She turned off the TV and went to bed.</li> <li>3. The technician turned off the alarm system.</li> </ol>
Look over	Examine or review something quickly.	Transitive	<ol style="list-style-type: none"> <li>1. Can you look over my essay for grammatical errors?</li> <li>2. She looked over the report before the meeting.</li> <li>3. The supervisor will look over your proposal.</li> </ol>
Set out	Begin a journey or start a task with a specific intention.	Transitive	<ol style="list-style-type: none"> <li>1. They set out on a road trip across the country.</li> <li>2. She set out to accomplish her career goals.</li> <li>3. The team set out to create a new product line.</li> </ol>
Hand in	Submit or give something to someone in authority.	Transitive	<ol style="list-style-type: none"> <li>1. Make sure to hand in your assignment by the deadline.</li> <li>2. She handed in her application for the job.</li> <li>3. The students handed in their completed projects.</li> </ol>
Calm down	Become less agitated or anxious.	Intransitive	<ol style="list-style-type: none"> <li>1. Take a deep breath and try to calm down.</li> <li>2. She needed a moment to calm down after the argument.</li> <li>3. The soothing music helped him calm down.</li> </ol>
Break out	Escape from a place; start suddenly.	Intransitive	<ol style="list-style-type: none"> <li>1. The prisoners managed to break out of the jail.</li> <li>2. A smile broke out on her face when she saw the surprise.</li> <li>3. The news of the victory caused celebrations to break out.</li> </ol>
Run out	Exhaust the supply of something.	Intransitive	<ol style="list-style-type: none"> <li>1. We're going to run out of milk soon.</li> <li>2. He realised he had run out of gas on the highway.</li> <li>3. The store ran out of the popular item quickly.</li> </ol>

Get away	Escape or go on a vacation.	Intransitive	<ol style="list-style-type: none"> <li>1. They managed to get away from the dangerous situation.</li> <li>2. I need to get away and relax for a few days.</li> <li>3. He's looking forward to getting away to the beach.</li> </ol>
Come across	Encounter or find something unexpectedly.	Intransitive	<ol style="list-style-type: none"> <li>1. While hiking, we came across a hidden waterfall.</li> <li>2. She came across some old photographs in the attic.</li> <li>3. He often comes across as confident in public.</li> </ol>
Stand out	Be easily noticeable or be distinct from others.	Intransitive	<ol style="list-style-type: none"> <li>1. Her talent for singing really stands out in the choir.</li> <li>2. The bright colours make the painting stand out.</li> <li>3. Your unique approach will make your work stand out.</li> </ol>
Get over	Recover from an illness or emotional distress.	Intransitive	<ol style="list-style-type: none"> <li>1. It took her a while to get over the loss.</li> <li>2. He needs to get over his fear of public speaking.</li> <li>3. The medicine helped him get over the flu.</li> </ol>
Give up	Quit or stop trying to do something.	Intransitive	<ol style="list-style-type: none"> <li>1. She refused to give up despite the challenges.</li> <li>2. He decided to give up smoking for his health.</li> <li>3. Don't give up on your dreams.</li> </ol>
Turn up	Appear or be found unexpectedly.	Intransitive	<ol style="list-style-type: none"> <li>1. The missing keys turned up in the kitchen.</li> <li>2. He didn't turn up for the meeting as expected.</li> <li>3. Let's hope a solution turns up soon.</li> </ol>
Point out	Indicate or draw attention to something.	Separable	<ol style="list-style-type: none"> <li>1. She pointed out the mistake in the report.</li> <li>2. He pointed out the landmarks during the tour.</li> <li>3. The teacher pointed out the key concepts in the lesson.</li> </ol>
Carry out	Execute or perform a task or action.	Separable	<ol style="list-style-type: none"> <li>1. The team carried out a thorough investigation.</li> <li>2. She's skilled at carrying out complex experiments.</li> <li>3. They will carry out the plan as discussed.</li> </ol>
Look into	Investigate or examine closely.	Transitive	<ol style="list-style-type: none"> <li>1. The authorities will look into the matter.</li> <li>2. She looked into various options before making a decision.</li> </ol>

			3. He wants to look into ways to improve efficiency.
Write down	Record or write something on paper.	Transitive	<ol style="list-style-type: none"> <li>1. Don't forget to write down the important details.</li> <li>2. She wrote down the professor's lecture notes.</li> <li>3. He wrote the recipe down in his notebook.</li> </ol>
Turn down	Reject or decline an offer or request.	Transitive	<ol style="list-style-type: none"> <li>1. She turned down the job offer due to scheduling conflicts.</li> <li>2. The company turned down their proposal.</li> <li>3. They turned down his request for an extension.</li> </ol>
Take in	Understand, absorb, or include something.	Transitive	<ol style="list-style-type: none"> <li>1. It's hard to take in all the information at once.</li> <li>2. She took in the breathtaking view from the mountaintop.</li> <li>3. The museum tour took in various historical artefacts.</li> </ol>
Hand out	Distribute or give something to people.	Transitive	<ol style="list-style-type: none"> <li>1. She handed out the worksheets to the students.</li> <li>2. The volunteers will hand out food to the homeless.</li> <li>3. He handed out pamphlets at the event.</li> </ol>
Break up	End a relationship or group into smaller parts.	Transitive	<ol style="list-style-type: none"> <li>1. The couple decided to break up after years of dating.</li> <li>2. The party broke up when it started raining.</li> <li>3. The organisation is breaking up into smaller teams.</li> </ol>
Find out	Discover or obtain information.	Transitive	<ol style="list-style-type: none"> <li>1. I need to find out more about this topic.</li> <li>2. She found out the truth about the situation.</li> <li>3. We'll find out if the store is open tomorrow.</li> </ol>
Sort out	Organise, resolve, or clarify a situation.	Transitive	<ol style="list-style-type: none"> <li>1. We need to sort out the issues with the project timeline.</li> <li>2. She's trying to sort out her priorities.</li> <li>3. The team worked hard to sort out the logistical challenges.</li> </ol>
Turn up	Arrive unexpectedly or increase in volume/intensity.	separable	<ol style="list-style-type: none"> <li>1. She turned up at the party without prior notice.</li> <li>2. The music turned up suddenly and startled us.</li> <li>3. The opportunity to travel turned up unexpectedly.</li> </ol>

Run out	Be depleted or expire.	Separable	<ol style="list-style-type: none"> <li>1. We ran out of coffee and needed to buy more.</li> <li>2. His patience finally ran out after hours of waiting.</li> <li>3. Time is running out, and we must finish soon.</li> </ol>
Back down	Yield or withdraw from a position in an argument or confrontation.	Inseparable	<ol style="list-style-type: none"> <li>1. He refused to back down in the face of criticism.</li> <li>2. They finally backed down and compromised on the issue.</li> <li>3. The company backed down from their initial demands.</li> </ol>
Come along	Make progress or accompany someone.	Intransitive	<ol style="list-style-type: none"> <li>1. The project is coming along quite well.</li> <li>2. Why don't you come along with us to the park?</li> <li>3. She invited him to come along to the movie.</li> </ol>
Go on	Continue or proceed.	Intransitive	<ol style="list-style-type: none"> <li>1. The meeting went on longer than expected.</li> <li>2. The show must go on despite technical difficulties.</li> <li>3. He asked her to go on with her story.</li> </ol>
Hold on	Wait or remain in a position.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. Please hold on while I transfer your call.</li> <li>2. He held on to the branch to avoid falling.</li> <li>3. Hold on, I'll be there in just a minute.</li> </ol>
Speak up	Talk more loudly or express oneself clearly.	separable	<ol style="list-style-type: none"> <li>1. Could you please speak up? I can't hear you.</li> <li>2. She finally spoke up about her concerns.</li> <li>3. It's important to speak up when you have an opinion.</li> </ol>
Keep up	Maintain a particular level or pace.	separable	<ol style="list-style-type: none"> <li>1. He's struggling to keep up with the fast-paced class.</li> <li>2. She managed to keep up with the latest trends.</li> <li>3. Make sure to keep up with your studies.</li> </ol>
Turn around	Reverse direction or change for the better.	separable	<ol style="list-style-type: none"> <li>1. We missed our exit and had to turn around.</li> <li>2. The company managed to turn around its financial situation.</li> <li>3. Her efforts helped turn around the failing project.</li> </ol>
Come back	Return to a place or condition.	separable	<ol style="list-style-type: none"> <li>1. He promised to come back soon after his trip.</li> <li>2. The colours will come back to the garden in spring.</li> </ol>

			3. Can you come back to the office after lunch?
Make up	Invent or fabricate something; reconcile after an argument.	Transitive	<ol style="list-style-type: none"> <li>1. He likes to make up stories to entertain his friends.</li> <li>2. They finally made up after weeks of not speaking.</li> <li>3. Can you make up a quick excuse for being late?</li> </ol>
Put off	Postpone or delay an event or task.	Transitive	<ol style="list-style-type: none"> <li>1. They had to put off the concert due to technical issues.</li> <li>2. She put off making a decision until she had more information.</li> <li>3. The team decided to put off the project launch.</li> </ol>
Turn off	Deactivate or stop the operation of a device.	Separable	<ol style="list-style-type: none"> <li>1. Can you please turn off the lights before leaving?</li> <li>2. She turned off the computer to save energy.</li> <li>3. The mechanic turned off the engine for repairs.</li> </ol>
Check out	Examine, investigate, or leave a place after a visit.	Transitive	<ol style="list-style-type: none"> <li>1. They decided to check out the new restaurant in town.</li> <li>2. The police are checking out suspicious activity.</li> <li>3. You can check out anytime before the deadline.</li> </ol>
Come across	Discover or find something unexpectedly.	Intransitive	<ol style="list-style-type: none"> <li>1. I came across an interesting article on the internet.</li> <li>2. She came across an old photo in a book.</li> <li>3. They often come across rare collectibles at flea markets.</li> </ol>
Look up	Search for information in a reference source.	Separable	<ol style="list-style-type: none"> <li>1. You should look up that word in the dictionary.</li> <li>2. Let's look up the address on the map.</li> <li>3. He looked up the history of the ancient ruins.</li> </ol>
Go over	Review or examine something in detail.	Intransitive	<ol style="list-style-type: none"> <li>1. We need to go over the main points of the presentation.</li> <li>2. She went over her notes before the exam.</li> <li>3. The team went over the budget carefully.</li> </ol>
Break out	Start suddenly, often referring to something negative.	Intransitive	<ol style="list-style-type: none"> <li>1. A sudden rash broke out on her skin.</li> <li>2. The protests broke out in the city centre.</li> <li>3. Panic broke out when the alarm sounded.</li> </ol>

Stand out	Be easily noticeable or be distinct from others.	Intransitive	<ol style="list-style-type: none"> <li>1. Her talent for painting really stands out.</li> <li>2. The bright colours make the artwork stand out.</li> <li>3. Your dedication and hard work make you stand out.</li> </ol>
Give up	Quit or stop trying to do something.	Transitive	<ol style="list-style-type: none"> <li>1. She decided to give up on the difficult project.</li> <li>2. He gave up smoking for the sake of his health.</li> <li>3. Don't give up on your dreams, no matter the challenges.</li> </ol>
Hold on	Wait or remain in a position.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. Please hold on while I transfer your call.</li> <li>2. She held onto the railing to steady herself.</li> <li>3. Hold on, I'll be there in just a minute.</li> </ol>
Break through	Overcome a barrier or obstacle.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The team worked hard to break through the tough defences.</li> <li>2. The new technology helped break through the communication barriers.</li> <li>3. She's determined to break through the glass ceiling.</li> </ol>
Bring back	Restore or reintroduce something from the past.	Transitive	<ol style="list-style-type: none"> <li>1. The company decided to bring back the popular product.</li> <li>2. The memories brought back a sense of nostalgia.</li> <li>3. Let's bring back the tradition of family gatherings.</li> </ol>
Rule out	Exclude or eliminate something as a possibility.	Inseparable	<ol style="list-style-type: none"> <li>1. The doctor ruled out any serious health concerns.</li> <li>2. We can't rule out the impact of climate change.</li> <li>3. Let's rule out that option and consider others.</li> </ol>
Set aside	Reserve or allocate for a specific purpose.	Intransitive and Separable and Inseparable	<ol style="list-style-type: none"> <li>1. She set aside some time to work on her hobbies.</li> <li>2. The company set aside a budget for research and development.</li> <li>3. Let's set aside our differences and work together.</li> </ol>
Turn over	Rotate or flip something to the other side.	Transitive	<ol style="list-style-type: none"> <li>1. He turned over the card to reveal the answer.</li> <li>2. The cook turned the pancakes over to cook the other side.</li> <li>3. The wind turned over the leaves on the ground.</li> </ol>

hold up	Delay or obstruct the progress of something.	Separable	<ol style="list-style-type: none"> <li>1. The traffic jam held up our journey.</li> <li>2. The construction work is holding up the project.</li> <li>3. Don't let minor issues hold up your plans.</li> </ol>
Put forward	Suggest or propose an idea or plan.	Transitive	<ol style="list-style-type: none"> <li>1. He put forward a compelling argument during the debate.</li> <li>2. The committee put forward a new proposal for consideration.</li> <li>3. Let's put forward our recommendations to the management.</li> </ol>
Turn down	Reject or decline an offer or request.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. She turned down the job offer due to the location.</li> <li>2. The university turned down his application.</li> <li>3. They turned down his request for additional funding.</li> </ol>
Carry on	Continue or proceed with an action or activity.	Intransitive	<ol style="list-style-type: none"> <li>1. She carried on working despite the distractions.</li> <li>2. Let's carry on with the meeting agenda.</li> <li>3. The team carried on with the project despite setbacks.</li> </ol>
Hand over	Give something to someone else, often reluctantly.	Transitive	<ol style="list-style-type: none"> <li>1. The detective asked him to hand over the evidence.</li> <li>2. He reluctantly handed over his keys to the valet.</li> <li>3. The company decided to hand over the project to a new team.</li> </ol>
Show up	Appear or arrive, usually unexpectedly.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He didn't show up for the meeting as expected.</li> <li>2. The actor showed up just in time for the audition.</li> <li>3. The problem only showed up after further testing.</li> </ol>
Set off	Start a journey or trigger something.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. They set off on their vacation early in the morning.</li> <li>2. The alarm set off a chain reaction of panic.</li> <li>3. His speech set off a lively discussion.</li> </ol>
Run away	Escape or flee from a situation.	Intransitive and Separable	<ol style="list-style-type: none"> <li>1. The child ran away from home but was found later.</li> <li>2. She felt the urge to run away from her problems.</li> <li>3. The prisoners attempted to run away during the chaos.</li> </ol>
Hold back	Restrain oneself or prevent	Separable	<ol style="list-style-type: none"> <li>1. He had to hold back tears during the emotional speech.</li> </ol>

	something from happening.		<ol style="list-style-type: none"> <li>The manager held back information until the right time.</li> <li>Don't hold back your thoughts; share them with us.</li> </ol>
Look around	Examine or explore a place.	Intransitive	<ol style="list-style-type: none"> <li>They spent the afternoon looking around the museum.</li> <li>I decided to look around the neighbourhood for a new house.</li> <li>She looked around the store for a gift.</li> </ol>
Run into	Encounter someone or something unexpectedly.	Intransitive	<ol style="list-style-type: none"> <li>I ran into my old friend at the grocery store.</li> <li>We ran into a problem during the project.</li> <li>She often runs into difficulties with the new software.</li> </ol>
Come in	Enter a room or building.	Intransitive	<ol style="list-style-type: none"> <li>Please come in and have a seat.</li> <li>He came in through the back entrance.</li> <li>The cold air rushed in when the door opened.</li> </ol>
Back up	Provide support or help; make a copy of data.	Transitive and Intransitive	<ol style="list-style-type: none"> <li>The team is always there to back up each other.</li> <li>Don't forget to back up your important files.</li> <li>She backed up her arguments with solid evidence</li> </ol>
Speak out	Express one's opinions or thoughts boldly	Intransitive	<ol style="list-style-type: none"> <li>It's important to speak out against injustice.</li> <li>She decided to speak out about her concerns.</li> <li>He encouraged his students to speak out in class.</li> </ol>
Turn around	Change direction or reverse a situation.	Intransitive and separable	<ol style="list-style-type: none"> <li>The car made a U-turn and turned around.</li> <li>The company managed to turn around its financial situation.</li> <li>With hard work, you can turn around your performance.</li> </ol>
Make out	Discern or understand with difficulty.	Intransitive	<ol style="list-style-type: none"> <li>It's hard to make out the details from this distance.</li> <li>She could barely make out the words in the dim light.</li> <li>I couldn't make out what he was saying on the phone.</li> </ol>
Pick out	Choose or select from a group.	Transitive	<ol style="list-style-type: none"> <li>She picked out a beautiful dress for the event.</li> <li>He picked out the best option from the menu.</li> <li>They picked out a new sofa for the living room.</li> </ol>

Run out of	Deplete the supply of something completely.	Transitive and Intransitive and separable	<ol style="list-style-type: none"> <li>1. We ran out of milk, and I need to buy more.</li> <li>2. They ran out of patience after waiting for hours.</li> <li>3. The store ran out of the popular item quickly.</li> </ol>
Stand up for	Defend or support someone or something.	Intransitive and Separable	<ol style="list-style-type: none"> <li>1. He always stands up for what he believes in.</li> <li>2. She stood up for her colleague during the meeting.</li> <li>3. The community stood up for the preservation of the park.</li> </ol>
Catch up on	Update oneself on recent events or activities.	Separable	<ol style="list-style-type: none"> <li>1. I need to catch up on my reading this weekend.</li> <li>2. She caught up on the latest news before the interview.</li> <li>3. Let's catch up on each other's lives over coffee.</li> </ol>
Face up to	Confront or deal with a difficult situation.	Inseparable	<ol style="list-style-type: none"> <li>1. It's time to face up to your fears and overcome them.</li> <li>2. She faced up to the reality of her financial situation.</li> <li>3. He needed to face up to the consequences of his actions.</li> </ol>
See off	Accompany someone to their departure point.	Transitive and Separable	<ol style="list-style-type: none"> <li>1. They saw off their friend at the airport.</li> <li>2. I'll see you off at the train station tomorrow.</li> <li>3. Let's see off the guests with a warm farewell.</li> </ol>
Bring about	Cause or initiate a change or event.	Transitive and Inseparable:	<ol style="list-style-type: none"> <li>1. The new policy brought about significant improvements.</li> <li>2. Her efforts brought about positive changes in the community.</li> <li>3. Innovation can bring about remarkable transformations.</li> </ol>
Look after	Care for or take responsibility for someone or something.	Transitive and Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. She looks after her elderly parents.</li> <li>2. The shepherd looks after the flock of sheep.</li> <li>3. Can you look after my plants while I'm away?</li> </ol>
Fall apart	Disintegrate or break into pieces.	Intransitive	<ol style="list-style-type: none"> <li>1. The old book fell apart when opened.</li> <li>2. The building's structure began to fall apart.</li> <li>3. Their friendship started to fall apart.</li> </ol>
Back away	Retreat or move backward to create distance.	Intransitive	<ol style="list-style-type: none"> <li>1. He backed away from the edge of the cliff.</li> <li>2. She backed away slowly from the aggressive dog.</li> </ol>

			3. When confronted, he backed away cautiously.
Show up	Arrive or appear, often unexpectedly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. She didn't show up at the meeting.</li> <li>2. He promised to show up at the event.</li> <li>3. The surprise guest showed up at the party.</li> </ol>
Stand by	Be ready or available to provide assistance or support.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The team is standing by to help if needed.</li> <li>2. She'll stand by you no matter what happens.</li> <li>3. Don't worry; I'm standing by to assist you.</li> </ol>
Come about	Happen or occur.	Intransitive	<ol style="list-style-type: none"> <li>1. The change came about unexpectedly.</li> <li>2. The solution came about through teamwork.</li> <li>3. The accident came about due to slippery roads.</li> </ol>
Give out	Distribute or be exhausted.	Transitive and Intransitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. They gave out free samples at the event.</li> <li>2. Her energy gave out after hours of work.</li> <li>3. The printer ink gave out in the middle of printing.</li> </ol>
Eat up	Consume all of something.	Separable	<ol style="list-style-type: none"> <li>1. The kids ate up all the cookies.</li> <li>2. She loves to eat up her favourite dishes.</li> <li>3. Don't eat up all the snacks; save some for later.</li> </ol>
Turn up	Increase the volume or appear unexpectedly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Can you turn up the music a bit?</li> <li>2. He turned up at the party unannounced.</li> <li>3. The missing keys turned up in the kitchen.</li> </ol>
Come across	Discover or encounter something by chance.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. She came across an old photo album in the attic.</li> <li>2. He came across an interesting article while browsing.</li> <li>3. They came across a hidden path during their hike.</li> </ol>
Step in	Intervene or substitute for someone.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. He stepped in to mediate the dispute.</li> <li>2. She stepped in as the team leader.</li> <li>3. The teacher stepped in when the students argued.</li> </ol>
Set aside	Reserve or allocate for a specific purpose.	Intransitive and Separable and Inseparable:	<ol style="list-style-type: none"> <li>1. He set aside time for his hobbies.</li> <li>2. She set aside funds for her future plans.</li> <li>3. Let's set aside this area for the playground.</li> </ol>

Watch out	Be cautious or alert about potential danger.	Intransitive and Transitive	<ol style="list-style-type: none"> <li>1. Watch out for the slippery surface.</li> <li>2. He warned his friend to watch out for pickpockets.</li> <li>3. The teacher told the students to watch out for the upcoming test.</li> </ol>
Hold back	Restrain or withhold from doing something.	Separable	<ol style="list-style-type: none"> <li>1. She had to hold back tears during the emotional speech.</li> <li>2. He had to hold back his laughter at the funny joke.</li> <li>3. The coach advised the team to hold back their aggression.</li> </ol>
Fall behind	Fail to keep up with a schedule or pace.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. She fell behind in her studies due to illness.</li> <li>2. The project fell behind schedule due to unexpected delays.</li> <li>3. They were struggling to keep from falling behind in the race.</li> </ol>
Run away	Flee or escape from a situation or place.	Intransitive	<ol style="list-style-type: none"> <li>1. The prisoner managed to run away from the guards.</li> <li>2. The child threatened to run away from home.</li> <li>3. She felt the urge to run away from her problems.</li> </ol>
Write down	Record or document information in writing.	Inseparable	<ol style="list-style-type: none"> <li>1. She wrote down the important points during the lecture.</li> <li>2. He wrote down the recipe for the delicious dish.</li> <li>3. Make sure to write down your thoughts in your journal.</li> </ol>
Look up	Search for information or improve one's mood.	Intransitive and Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. You can look up the definition in the dictionary.</li> <li>2. He looked up the latest news on the internet.</li> <li>3. She looked up when she heard the good news.</li> </ol>
Polish up	Improve something quickly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I need to POLISH UP my French before I go to Paris.</li> <li>2. Before the big presentation, I decided to polish up my slides to make sure they were visually appealing.</li> <li>3. She's planning to polish up her Spanish skills before her trip to Spain next month.</li> </ol>
Pop in	Visit for a short time.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He POPPED IN for a coffee on his way home.</li> <li>2. Feel free to pop in for a cup of tea whenever you're passing by.</li> </ol>

			<ol style="list-style-type: none"> <li>3. I just need to pop in at the grocery store to grab some milk on my way home.</li> <li>4.</li> </ol>
Pop off	Talk loudly, complain.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He's always POPPING OFF when things don't suit him.</li> <li>2. He suddenly popped off in the middle of the meeting, leaving everyone shocked.</li> <li>3. As soon as she finished her speech, she popped off the stage with a confident smile.</li> </ol>
Power up	Turn a computer or electronic device on so that it is ready to use.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I POWERED UP my laptop and started work.</li> <li>2. Make sure to power up your computer before starting the video conference.</li> <li>3. The engineer managed to power up the machinery after a brief technical glitch.</li> </ol>
Price up	Charge more for something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. In rural areas where they have a monopoly, some garages PRICE UP fuel because there's nowhere else to buy it.</li> <li>2. The store owner decided to price up the antique vase after discovering its true value.</li> <li>3. The real estate agent will price up the house based on the current market trends.</li> </ol>
Pull ahead	Overtake, move in front.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The lorry was going slowly but we managed to PULL AHEAD.</li> <li>2. Despite the competition, our team managed to pull ahead in the final quarter and secure the victory.</li> <li>3. The athlete's incredible sprint in the last stretch of the race allowed him to pull ahead of his rivals.</li> </ol>
Pull out	Move into traffic.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The traffic was so bad that it took me ages to PULL OUT.</li> <li>2. The company decided to pull out of the international market due to unforeseen challenges.</li> <li>3. After a heated argument, she decided to pull out of the project and focus on other tasks.</li> </ol>

Play along	Pretend to agree or accept something in order to keep someone happy or to get more information.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I disagreed with the idea but I had to PLAY ALONG because everyone else liked it.</li> <li>2. Even though he didn't know the rules, he decided to play along with the board game and learn as he went.</li> <li>3. She agreed to play along with the prank as long as it didn't go too far.</li> </ol>
Play around	Be silly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The children were PLAYING AROUND and being annoying.</li> <li>2. The children love to play around in the park after school.</li> <li>3. The artist likes to play around with different colours and styles in her paintings.</li> </ol>
Play up	Behave badly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The children PLAYED UP all evening and drove the babysitter mad.</li> <li>2. The old printer started to play up again, causing delays in the office.</li> <li>3. The athlete exaggerated his injury to play up the opponent's sympathy and gain an advantage.</li> </ol>
Plug in	Connect machines to the electricity supply.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He PLUGGED the TV IN and turned it on full blast.</li> <li>2. Don't forget to plug in your phone overnight so that it's fully charged in the morning.</li> <li>3. She quickly plugged in the microphone before starting her speech on stage.</li> </ol>
Plump down	Put something in a place without taking care.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He PLUMPED his bag DOWN and kicked his shoes off.</li> <li>2. After a tiring day, I just want to plump down on the couch and relax.</li> <li>3. He plumped down a hefty sum of money to purchase the rare collectible.</li> </ol>
Plump for	Choose.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I PLUMPED FOR the steak frites.</li> <li>2. In the restaurant, I usually plump for the vegetarian options on the menu.</li> <li>3. After careful consideration, she decided to plump for the more reliable option.</li> </ol>
Point out	Make someone aware of something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He POINTED OUT that I only had two weeks to get the whole thing finished.</li> <li>2. During the tour, the guide pointed out the historical landmarks in the city.</li> <li>3. She was quick to point out the flaws in the proposal during the meeting.</li> </ol>

Poke about	Move things around or search in a casual way to try to find something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I POKED ABOUT in my CD collection to see if I could find it.</li> <li>2. I decided to poke about in the attic to find some old photographs.</li> <li>3. He spent the afternoon poking about in the garden, looking for interesting insects.</li> </ol>
Poke around	Move things around or search in a casual way to try to find something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I POKED AROUND in my desk to see if the letter was there.</li> <li>2. The detective started to poke around the crime scene to gather evidence.</li> <li>3. She likes to poke around in antique shops, hoping to find hidden treasures.</li> </ol>
Pay off	Produce a profitable or successful result.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Their patience PAID OFF when he finally showed up and signed the contract.</li> <li>2. All the hard work and dedication finally paid off when she received the promotion.</li> <li>3. Investing in education can pay off in the long run with better job opportunities.</li> </ol>
Peel away	Leave a group by moving in a different direction.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Some of the crowd PEELED AWAY to get out of the crush.</li> <li>2. As the layers of paint peeled away, the original colours of the mural were revealed.</li> <li>3. He carefully peeled away the packaging to reveal the surprise gift inside.</li> </ol>
Peg out	Put washing outside to dry.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I PEGGED the washing OUT after it stopped raining.</li> <li>2. The clothesline pegs out in the strong wind, making it difficult to hang laundry.</li> <li>3. The weather forecast warned of a storm, so I decided to peg out the tent securely.</li> </ol>
Phase in	Introduce gradually.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They are PHASING IN the reforms over the next two years.</li> <li>2. The company plans to phase in the new software gradually to ensure a smooth transition.</li> </ol>

			<ol style="list-style-type: none"> <li>3. The changes to the curriculum will be phased in over the next academic year.</li> </ol>
Phase out	Remove gradually.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They have introduced a compact edition of the newspaper and are PHASING OUT the broadsheet edition over the next few months.</li> <li>2. The company will gradually phase out the old product line and introduce new models.</li> <li>3. The government aims to phase out single-use plastics to reduce environmental pollution.</li> </ol>
Pick at	Eat unwillingly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I wasn't very hungry so I just PICKED AT my food.</li> <li>2. She didn't have a big appetite and would only pick at her food during the meal.</li> <li>3. He liked to pick at the details of the proposal, pointing out every flaw.</li> </ol>
Pick up	Collect.	Transitive and separable	<ol style="list-style-type: none"> <li>1. While you're in town, can you PICK UP my trousers from the Dry Cleaner?</li> <li>2. I need to pick up some groceries on my way home from work.</li> <li>3. After practising for weeks, she managed to pick up the guitar chords quickly.</li> </ol>
Pig out	Eat a lot.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The food was great, so I really PIGGED OUT.</li> <li>2. After their successful exam results, they decided to pig out on pizza and ice cream to celebrate.</li> <li>3. I'm so hungry; let's pig out at the buffet.</li> </ol>
Pile up	Accumulate.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Work just keeps on PILING UP and I really can't manage to get it all done.</li> <li>2. The dishes in the sink have started to pile up; I need to do some cleaning.</li> <li>3. If you keep procrastinating, your workload will continue to pile up, and it'll be overwhelming.</li> </ol>

Pin down	Discover exact details about something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The government can't PIN DOWN where the leak came from.</li> <li>2. The detective worked tirelessly to pin down the suspect's whereabouts.</li> <li>3. It's difficult to pin down the exact reason for the project's failure; there were multiple contributing factors.</li> </ol>
Pin on	Attach the blame to someone.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The police tried to PIN the crime ON him.</li> <li>2. She decided to pin on her grandmother's antique brooch for the special occasion.</li> <li>3. The badge they pinned on him represented his years of dedicated service.</li> </ol>
Pin up	Fix something to a wall, or other vertical surface, with a pin.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I PINNED the notice UP on the board</li> <li>2. She likes to pin up inspirational quotes on her bulletin board.</li> <li>3. In his workshop, the mechanic has a collection of pin-up posters featuring classic cars.</li> </ol>
Pine away	Suffer physically because of grief, stress, worry, etc.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He's been PINING AWAY since his wife died and is a shadow of his former self.</li> <li>2. Ever since her pet cat went missing, she has been pining away for its return.</li> <li>3. He couldn't stop pining away for his lost love, even after many years had passed.</li> </ol>
Pipe down	Be quiet (often as an imperative).	Transitive and separable	<ol style="list-style-type: none"> <li>1. The lecturer asked the students to PIPE DOWN and pay attention.</li> <li>2. The teacher had to ask the students to pipe down during the lecture.</li> <li>3. I couldn't sleep because of the noisy neighbours; I wish they would pipe down.</li> <li>4.</li> </ol>
Pipe up	To speak, raise your voice.	Transitive and separable	<ol style="list-style-type: none"> <li>1. At first, no one answered, then finally someone PIPED UP.</li> <li>2. If you have any questions during the presentation, feel free to pipe up and ask.</li> <li>3. He rarely speaks in meetings, but today he decided to pipe up with some valuable insights.</li> </ol>

Narrow down	Remove less important options to make it easier to choose.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I am not sure which university to apply to, but I have NARROWED my list DOWN to three.</li> <li>2. We need to narrow down our choices and select the best candidate for the job.</li> <li>3. After some research, I was able to narrow down the list of potential vacation destinations.</li> </ol>
Nerd out	Play safe and avoid taking a risk.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. I'm going to NERD OUT and not go on the river trip.</li> <li>2. Whenever they discuss technology, they tend to nerd out and talk for hours.</li> <li>3. He loves to nerd out about vintage video games and their history.</li> </ol>
Opt for	Choose.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. I OPTED FOR an endowment mortgage and lost a lot of money.</li> <li>2. I think I'll opt for the chicken salad instead of the burger.</li> <li>3. She decided to opt for the more challenging course to expand her knowledge.</li> </ol>
Opt in	Choose to be part or a member of something.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. If you want them to notify you of updates, you have to OPT IN.</li> <li>2. By clicking "Opt in," you agree to receive promotional emails from us.</li> <li>3. You can choose to opt in for the loyalty program to earn rewards.</li> </ol>
Opt into	Choose to be a member or part of something.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. I OPTED INTO the scheme.</li> </ol>
Opt out	Choose not to be part of something.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. The UK OPTED OUT of a lot of EU legislation on working hours and conditions.</li> <li>2. If you no longer wish to receive updates, you can opt out of our newsletter.</li> <li>3. She decided to opt out of the group chat because it was too noisy.</li> </ol>
Make it	Arrive or get a result.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I thought you weren't coming, so I was really pleased you MADE IT.</li> <li>2. Despite the traffic, I managed to make it to the meeting on time.</li> </ol>

			3. I hope you can make it to my birthday party next weekend.
Make it up to	Try to compensate for doing something wrong.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He tried to MAKE IT UP TO her, but she wouldn't speak to him.</li> <li>2. I felt guilty for missing her wedding, so I promised to make it up to her by taking her out to dinner.</li> <li>3. He apologised for his mistake and tried to make it up to his boss by working extra hours.</li> </ol>
Make of	Understand or have an opinion.	Transitive and separable	<ol style="list-style-type: none"> <li>1. What do you MAKE OF your new boss?</li> <li>2. I'm not sure what to make of his strange behaviour lately.</li> <li>3. It's difficult to make anything of that cryptic message.</li> </ol>
Make off	Leave somewhere in a hurry.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They MADE OFF when they heard the police siren.</li> <li>2. The thief made off with a bag of jewellery before anyone noticed.</li> <li>3. When they realised they were lost in the woods, they decided to make off in the direction of the setting sun.</li> </ol>
Mash up	Mix sources of audio, video or other computer sources..	Transitive and separable	<ol style="list-style-type: none"> <li>1. She MASHED UP the songs into a single track.</li> <li>2. The DJ at the party likes to mash up different music genres for a unique sound.</li> <li>3. In the kitchen, she likes to mash up potatoes with garlic and butter for a tasty side dish.</li> </ol>
Melt down	Heat something solid, especially metal, until it becomes liquid.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They MELTED the gold statue DOWN and turned it into gold bars.</li> <li>2. The chocolate bar started to melt down in the hot sun.</li> <li>3. The financial crisis caused the stock market to experience a significant meltdown.</li> </ol>
Mess about	Not be serious, not use something properly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The children were MESSING ABOUT with the TV remote control and broke it.</li> </ol>

			<ol style="list-style-type: none"> <li>2. Instead of studying, they spent the afternoon messing about in the park.</li> <li>3. We don't have time to mess about; we need to finish this project.</li> </ol>
Mix up	Confused.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I always MIX those two sisters UP because they look so similar to each other.</li> <li>2. I always mix up the twins because they look so alike.</li> <li>3. I must have mixed up the dates; I thought the party was tomorrow.</li> </ol>
Move into	Start living in a place.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They MOVED INTO the house as soon as it was ready.</li> <li>2. They plan to move into their new house next month.</li> <li>3. After college, she decided to move into the city to pursue her career.</li> </ol>
Move up	Move to make space.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Could you MOVE UP and let me sit down?</li> <li>2. With hard work and dedication, he was able to move up in the company ranks quickly.</li> <li>3. After her promotion, she moved up to a higher position with more responsibilities.</li> </ol>
Nail down	Succeed in getting, achieve.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. They are having trouble NAILING DOWN the contract.</li> <li>2. The negotiators worked hard to nail down the terms of the contract.</li> <li>3. It took them a while, but they finally nailed down the date for the family reunion.</li> </ol>
Name after	Give someone a name to remember another person.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I was NAMED AFTER my uncle who died in the war</li> <li>2. They decided to name their first child after her grandmother.</li> <li>3. The town was named after a famous explorer who once passed through the area.</li> </ol>
Line up	Arrange events for someone.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. We have LINED UP a lot of meetings for them.</li> <li>2. The fans began to line up outside the concert venue hours before the show.</li> </ol>

			<ol style="list-style-type: none"> <li>3. The company is working on a lineup of new products to be released next year.</li> </ol>
Link up	Connect, join.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The train LINKS UP the cities.</li> <li>2. They plan to link up with other organisations to support their charitable efforts.</li> <li>3. Let's link up for lunch next week; it's been a while since we caught up.</li> </ol>
Live by	Follow a belief system to guide your behaviour.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He tries hard to LIVE BY the Bible.</li> <li>2. He believes in the motto "live by the golden rule," treating others as you want to be treated.</li> <li>3. She chooses to live by a minimalist philosophy, owning only what is essential.</li> </ol>
Live down	Stop being embarrassed about something.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. If I fail the test and everyone else passes, I'll never be able to LIVE it DOWN.</li> <li>2. He made an embarrassing mistake, and it's going to be tough for him to live it down.</li> <li>3. She's still trying to live down her reputation from high school.</li> </ol>
Live with	Accept something unpleasant.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. It's hard to LIVE WITH the pain of a serious illness.</li> <li>2. Despite the flaws in the apartment, they decided to live with them because of the great location.</li> <li>3. She couldn't live with the constant noise from the construction site next door.</li> </ol>
Log in	Enter a restricted area on a computer system.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I had forgotten my password and couldn't LOG IN.</li> <li>2. Please log in with your username and password to access your account.</li> <li>3. He needs to log in to the company's network to check his email.</li> </ol>
Log into	Enter a restricted area of a computer system.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I LOGGED INTO the staff intranet to check my email.</li> <li>2. She logged into her social media account to post an update.</li> <li>3. You can log into the system using your employee ID.</li> </ol>

Log off	Exit a computer system.	Transitive and separable	<ol style="list-style-type: none"> <li>1. When she'd finished working on the spreadsheet, she LOGGED OFF and left the office.</li> <li>2. Don't forget to log off when you're finished using the computer.</li> <li>3. He accidentally left his email open after forgetting to log off.</li> </ol>
Log on	Enter a computer system.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He entered his password for the college intranet and LOGGED ON.</li> <li>2. To access the online course materials, you need to log on to the learning platform.</li> <li>3. She tried to log on to the Wi-Fi network, but the password was incorrect.</li> </ol>
Log out	Exit a computer system.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Danny closed the programs and LOGGED OUT when it was time to go home.</li> <li>2. Make sure to log out of your online banking account for security reasons.</li> <li>3. He forgot to log out of the shared computer, so anyone could access his files.</li> </ol>
Look up	Consult a reference work (dictionary, phonebook, etc.) for a specific piece of information..	Transitive and separable	<ol style="list-style-type: none"> <li>1. I didn't know the correct spelling so I had to LOOK it UP in the dictionary.</li> <li>2. If you don't know the meaning of a word, you can look it up in the dictionary.</li> <li>3. As a child, she used to look up to her older sister as a role model.</li> </ol>
Magic away	Make something disappear quickly.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. He MAGICKED the bill AWAY and paid for us all before I could get my wallet out.</li> <li>2. The magician seemed to magic away the coin, and it disappeared from his hand.</li> <li>3. It's as if she can magic away any problem with her positive attitude.</li> </ol>
Make after	Chase.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The police MADE AFTER the stolen car.</li> <li>2. They decided to make the dish after their grandmother's famous recipe.</li> </ol>

			<ol style="list-style-type: none"> <li>3. The designer chose to make the dress after the iconic gown worn by the actress.</li> </ol>
Make away with	Steal.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. The thieves MADE AWAY WITH the painting.</li> <li>2. The thieves managed to make away with valuable paintings from the museum.</li> <li>3. She couldn't believe someone had made away with her wallet in the crowded market.</li> </ol>
Key to	Plan things to fit or suit people or situations.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. Promotions are KEYED TO people's abilities.</li> <li>2. Effective communication is key to maintaining strong relationships.</li> <li>3. Patience is key to success; you need to stay dedicated and persistent.</li> </ol>
Key up	Make someone excited or nervous.		<ol style="list-style-type: none"> <li>1. The noise got us KEYED UP.</li> <li>2. The coach's pep talk before the game helped to key up the team's enthusiasm.</li> <li>3. The suspenseful music keyed up the tension in the movie scene.</li> </ol>
Kick about	Discuss.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. We KICKED the idea ABOUT at the meeting.</li> <li>2. We used to kick the soccer ball in the park every weekend.</li> <li>3. Let's kick about some ideas during the brainstorming session.</li> </ol>
Kick in	When a drug starts to take effect.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. Her hayfever didn't feel half as bad once the antihistamines had KICKED IN.</li> <li>2. The effects of the painkiller will kick in within about 20 minutes.</li> <li>3. The support from his friends gave him the motivation to kick in and finish the marathon.</li> </ol>
Kick out	Expel.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The family KICKED the au pair OUT when they found out that she was planning to move to work for another household.</li> <li>2. The bouncer had to kick out the troublemakers from the club.</li> </ol>

			<ol style="list-style-type: none"> <li>3. The landlord decided to kick out the noisy tenants due to numerous complaints.</li> </ol>
Knock off	Finish work for the day.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. We KNOCKED OFF early on Friday to avoid the rush hour queues.</li> <li>2. We can knock off early today if we finish the project ahead of schedule.</li> <li>3. She managed to knock off a few items from her to-do list before lunch.</li> </ol>
Lash down	Secure something with ropes or cords.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. We LASHED the tarpaulin DOWN to stop the wind blowing it away.</li> <li>2. The storm hit suddenly, and the rain lashed down relentlessly all night.</li> <li>3. We had to cancel our plans for the beach as the rain lashed down.</li> </ol>
Lash into	Criticise someone strongly.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He LASHED INTO them for messing things up.</li> <li>2. He was so angry that he lashed into his colleague during the meeting.</li> <li>3. The coach lashed into the players for their poor performance in the game.</li> </ol>
Lash out	Suddenly it became violent.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He LASHED OUT and broke the man's nose.</li> <li>2. When stressed, he tends to lash out at those around him.</li> <li>3. The toddler lashed out with a tantrum when she didn't get her way.</li> </ol>
Lay on	Organise, supply.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They LAID ON a buffet lunch at the conference.</li> <li>2. The host will lay on a lavish dinner for the guests.</li> <li>3. She offered to lay on transportation for everyone attending the event.</li> </ol>
Lay out	Spend money.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They LAID OUT thousands of pounds on their wedding reception.</li> <li>2. The architect presented a detailed plan, laying out the design of the new building.</li> <li>3. She decided to lay out her thoughts in a clear and organised manner.</li> </ol>

Let in	Allow someone to enter.	Intransitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. The door staff didn't LET him IN the nightclub because he was wearing jeans.</li> <li>2. Can you let in some fresh air? The room feels stuffy.</li> <li>3. The security guard refused to let in anyone without proper identification.</li> </ol>
Let off	Not punish.	Intransitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. The judge LET him OFF with a fine rather than a prison sentence since it was his first offence.</li> <li>2. The school principal decided to let off the students for arriving late due to the heavy traffic.</li> <li>3. The referee let off the player with a warning for the minor foul.</li> </ol>
Hook up	Meet someone.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. We HOOKED UP at the conference.</li> <li>2. They decided to hook up their computers and play a multiplayer game.</li> <li>3. Sarah and Tom hooked up at the party and ended up going on a date.</li> </ol>
Hunt out	Search until you find something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. It took me ages to HUNT OUT the photos.</li> <li>2. I had to hunt out my old passport for the visa application.</li> <li>3. She spent hours hunting out the perfect dress for the event.</li> </ol>
Jack up	Increase sharply.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They have JACKED UP the price of oil this month.</li> <li>2. The company decided to jack up the prices of their products due to increased demand.</li> <li>3. He had to jack up the car to change the flat tire.</li> </ol>
Jam on	Apply or operate something forcefully.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Jack JAMMED ON the brakes when the rabbit ran in front of his car.</li> <li>2. As soon as the traffic cleared, she jammed on the accelerator and sped away.</li> <li>3. The guitarist decided to jam on his guitar during the band's practice session.</li> </ol>

Jaw away	Talk just for the point of talking rather than having anything to say.	Transitive and separable	<ol style="list-style-type: none"> <li>1. That shows that your interest is not in helping the student, but in JAWING AWAY.</li> <li>2. Whenever they get together, they jaw away about their favourite movies for hours.</li> <li>3. I saw them jawing away in the corner, discussing the latest gossip.</li> </ol>
Jazz up	Make something more interesting or attractive.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The show was getting stale so they JAZZED it UP with some new scenes.</li> <li>2. She decided to jazz up her plain dress with a colourful scarf and some accessories.</li> <li>3. The interior designer was hired to jazz up the office space and make it more inviting.</li> </ol>
Keep around	Keep something near you.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I KEEP a dictionary AROUND when I'm doing my homework.</li> <li>2. I always keep around a spare set of keys in case I misplace the main ones.</li> <li>3. The old piano holds sentimental value, so they decided to keep it around despite its age.</li> </ol>
Keep at	Continue with something difficult.	Transitive and separable	<ol style="list-style-type: none"> <li>1. She found the course hard but she KEPT AT it and completed it successfully.</li> <li>2. If you want to improve your skills, you need to keep at your practice consistently.</li> <li>3. Despite the challenges, she kept at her studies and eventually graduated with honours.</li> </ol>
Keep away	Don't allow someone near something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Medicines should always be KEPT AWAY from children.</li> <li>2. The warning signs indicated that visitors should keep away from the construction site.</li> <li>3. The strong smell of garlic kept the mosquitoes away during the outdoor picnic.</li> </ol>
Back up	Make a copy of computer data.	Transitive and separable	<ol style="list-style-type: none"> <li>1. You should always BACK UP important files and documents so that you won't lose all your work if something goes wrong with the hardware.</li> </ol>

			<ol style="list-style-type: none"> <li>2. Make sure to back up your important files in case your computer crashes.</li> <li>3. She promised to back up her friend's argument during the debate.</li> </ol>
Bag out	Criticise.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Don't bag out BAG OUT Australian English.</li> <li>2. He was really upset when his friends bagged out his favourite movie.</li> <li>3. The critics bagged out the new restaurant, leading to a decline in its popularity.</li> </ol>
Ball up	Confuse or make things complicated.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The new project has BALLED me UP- I have no idea what to do.</li> <li>2. He balled up the paper and threw it into the trash can.</li> <li>3. Her attempt to solve the puzzle only managed to ball up the pieces even more.</li> </ol>
Bargain down	Persuade someone to drop the price of something they're selling.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I BARGAINED her DOWN to half what she originally wanted.</li> <li>2. The customer tried to bargain down the price of the antique vase.</li> <li>3. After some negotiation, they managed to bargain down the cost of the car.</li> </ol>
Bash about	Mistreat physically.	Transitive and separable	<ol style="list-style-type: none"> <li>1. If you BASH your monitor ABOUT like that, it won't last long.</li> <li>2. He bashed about in the kitchen, searching for a late-night snack.</li> <li>3. The strong winds caused the tree branches to bash about against the windows.</li> </ol>
Bash in	Break, damage or injure by hitting.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The burglars BASHED the door IN to enter the house.</li> <li>2. The burglars managed to bash in the back door and gain entry.</li> <li>3. The heavy storm damaged the roof, causing it to bash in.</li> </ol>
Bash out	Write something quickly without much preparation.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I BASHED the essay OUT the night before I had to hand it in.</li> <li>2. They quickly bashed out a solution to the programming problem.</li> <li>3. The team had to work late to bash out the final details of the presentation.</li> </ol>

Be after	Try to find or get.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The police ARE AFTER him because of the theft.</li> <li>2. She's been working hard; she's definitely after that promotion.</li> <li>3. The detective is after the criminal who has been eluding capture.</li> </ol>
Be along	Arrive.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The next bus should BE ALONG in the next quarter of an hour or so.</li> <li>2. Don't worry, I'll be along in a few minutes.</li> <li>3. The bus should be along any moment now.</li> </ol>
Be away	Be elsewhere; on holiday, etc..	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. She's AWAY on business for three weeks.</li> <li>2. Sorry, he's away on a business trip and can't attend the meeting.</li> <li>3. She won't be available; she's away visiting her family.</li> </ol>
Be cut out for	Be suitable, have the necessary qualities.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. She's not CUT OUT FOR this kind of work.</li> <li>2. He's a natural leader; he's definitely cut out for management.</li> <li>3. She's not cut out for the high-pressure environment of the stock market.</li> </ol>
Be cut up	Be upset.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. She was very CUT UP about coming second as she thought she deserved to win.</li> <li>2. The athlete was cut up after the defeat in the championship game.</li> <li>3. The accident left the car completely cut up and unrecognisable.</li> </ol>
Be down	Be depressed.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. He's BEEN DOWN since his partner left him.</li> <li>2. I'm feeling a bit down after the bad news.</li> <li>3. The company's stocks have been down for the past week.</li> </ol>
Be fed up	Be bored, upset or sick of something.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I AM FED UP of his complaints.</li> <li>2. She's fed up with the constant noise from the construction site.</li> <li>3. He's fed up with his job and is considering a career change.</li> </ol>

Be taken with	Like something.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I WAS very TAKEN WITH the performance- it was superb.</li> <li>2. She was taken with the beautiful painting in the gallery.</li> <li>3. He was instantly taken with her charismatic personality.</li> </ol>
Be up	Be out of bed.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. She's not UP yet.</li> <li>2. Don't worry, the report will be up on the website soon.</li> <li>3. I'll be up in a minute; I just need to finish this task.</li> </ol>
Bear down on	Move towards.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. She spotted him on the other side of the room and BORE DOWN ON him.</li> <li>2. The storm clouds are bearing down on the coastline.</li> <li>3. The pressure of the upcoming exams is bearing down on the students.</li> </ol>
Bear on	Influence, affect.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The judge's character may well BEAR ON the final decision.</li> <li>2. His testimony doesn't bear on the main issue of the case.</li> <li>3. The research findings directly bear on the topic of climate change.</li> </ol>
Bear out	Confirm that something is correct.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. Statistics BEAR OUT the government's positions on the issue.</li> <li>2. The evidence presented in court will bear out the defendant's claims.</li> <li>3. The data from the study does not bear out the initial hypothesis.</li> </ol>
Bear up	Resist pressure.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. How are you BEARING UP under the strain?</li> <li>2. Despite the tragedy, she managed to bear up and continue with her work.</li> <li>3. He's bearing up quite well under the pressure of his new responsibilities.</li> </ol>
Bear up under	Cope with something difficult or stressful.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. He's BEARING UP UNDER the pressure.</li> <li>2. The team has been able to bear up under the intense competition.</li> <li>3. The old bridge has been bearing up under heavy traffic for years.</li> </ol>

Bear with	Be patient.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. Please BEAR WITH me a moment while I finish this email.</li> <li>2. Please bear with me while I gather the necessary information.</li> <li>3. The technical issue will be resolved soon; please bear with us.</li> </ol>
Beat down	Strong sunshine.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The sun WAS really BEATING DOWN and we couldn't stay outdoors.</li> <li>2. The sun's rays beat down on the beachgoers, making them seek shade.</li> <li>3. The rain started to beat down heavily, causing the outdoor event to be postponed.</li> </ol>
Beat out	Narrowly win in competition.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The marathon runner barely BEAT OUT his rival at the tape.</li> <li>2. The young tennis player managed to beat out the reigning champion in an intense match.</li> <li>3. The band was thrilled to beat out hundreds of other competitors to win the music competition.</li> </ol>
Beat up	Attack violently.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The mugger BEAT him UP and stole his wallet.</li> <li>2. He was beaten up by a group of bullies while walking home from school.</li> <li>3. The car's exterior was badly beaten up after the collision with the truck.</li> </ol>
Belong with	Be in the correct or appropriate location with other items.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. Does this disc BELONG WITH those on the shelf?</li> <li>2. This key seems to belong with the old lock on the wooden chest.</li> <li>3. The red scarf doesn't belong with this outfit; it clashes with the colours.</li> </ol>
Bend down	Lower the top half of your body.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. I BENT DOWN to pick it up off the floor.</li> <li>2. She had to bend down to tie her shoelaces before going for a jog.</li> <li>3. The gardener had to bend down to pick up the fallen leaves from the ground.</li> </ol>
Big up	Exaggerate the importance.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. He BIGS himself UP all the time.</li> <li>2. The coach decided to big up the team's efforts after their victory in the championship.</li> </ol>

			<ol style="list-style-type: none"> <li>3. She couldn't help but praise her friend's incredible achievement at the awards ceremony.</li> </ol>
Bitch up	Spoil or ruin something.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. I BITCHED UP the interview.</li> <li>2. He tends to bitch up every situation by complaining about even minor issues.</li> <li>3. The office atmosphere was toxic due to a few colleagues constantly bitching up their coworkers.</li> </ol>
Black out	Fall unconscious.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. He BLACKED OUT and collapsed on the floor.</li> <li>2. During the storm, the entire city experienced a power outage and blacked out.</li> <li>3. The details of that night are a blur; I seem to have blacked out after a few drinks.</li> </ol>
Blast off	Leave the ground-spaceship or rocket.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The space shuttle BLASTED OFF on schedule yesterday.</li> <li>2. The rocket successfully blasted off from the launch pad, headed for outer space.</li> <li>3. The countdown ended, and the spacecraft was ready to blast off into a new adventure.</li> </ol>
Block in	Park a car and obstruct another car.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I couldn't drive here this morning because someone had BLOCKED me IN.</li> <li>2. The parked car blocked our vehicle, making it impossible for us to leave.</li> <li>3. The delivery van was carelessly parked and ended up blocking several other cars.</li> </ol>
Block off	Obstruct an exit to prevent people from leaving.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The police BLOCKED OFF the road after the murder.</li> <li>2. The construction crew had to block off the road to repair a sinkhole.</li> <li>3. The organisers decided to block off a section of the park for the upcoming music festival.</li> </ol>
Blow away	Impress greatly.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. Her first novel BLEW me AWAY.</li> <li>2. The audience was blown away by the singer's powerful performance on stage.</li> </ol>

			<ol style="list-style-type: none"> <li>3. The storm's strong winds managed to blow away the lightweight garden decorations.</li> </ol>
Blow down	When the wind forces something to fall.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. A tree was BLOWN DOWN in the storm.</li> <li>2. Last night's storm blew down several trees in the neighbourhood.</li> <li>3. The gusty winds threatened to blow down the poorly constructed tent at the campsite.</li> </ol>
Blow in	Arrive, sometimes suddenly or unexpectedly.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He BLEW IN from Toronto early this morning.</li> <li>2. The wind started to blow in through the open window, causing the curtains to sway.</li> <li>3. When the unexpected guests blew in, we quickly rearranged the seating.</li> </ol>
Blow off	Not keep an appointment.	Intransitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. We were going to meet last night, but she BLEW me OFF at the last minute.</li> <li>2. She decided to blow off some steam by going for a long run after work.</li> <li>3. He promised to meet us at the café, but he blew us off at the last minute.</li> </ol>
Blow up	Explode.	Transitive and separable and Inseparable	<ol style="list-style-type: none"> <li>1. The bomb BLEW UP without any warning.</li> <li>2. The kids accidentally blew up the balloon until it burst.</li> <li>3. The situation escalated, and the argument between the two colleagues eventually blew up.</li> </ol>
Boil up	Feel a negative emotion strongly.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The anger BOILED UP in me when I saw what they had done.</li> <li>2. The soup started to boil up, filling the kitchen with a delicious aroma.</li> <li>3. The tensions between the rival teams began to boil up as the match progressed.</li> </ol>
Bone up on	Study hard for a goal or reason.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I need to BONE UP ON my French grammar for the test.</li> <li>2. She had to bone up on her history knowledge before the big exam.</li> <li>3. He spent the weekend boning up on the latest industry trends.</li> </ol>

Book in	Check in at a hotel.		<ol style="list-style-type: none"> <li>1. WE took a taxi from the airport to the hotel and BOOKED IN</li> <li>2. Don't forget to book in advance if you want to secure a table at the restaurant.</li> <li>3. She booked in for a spa day to relax and unwind.</li> </ol>
Call up	Telephone.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I CALLED him UP as soon as I got to a phone to tell him the news.</li> <li>2. I decided to call up my old friend to catch up on life.</li> <li>3. The company called up a renowned speaker for their annual conference.</li> </ol>
Cancel out	Have an opposite effect on something that has happened, taking things back to the beginning.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The airport taxes CANCELLED OUT the savings we had made on the flight tickets.</li> <li>2. The positive effects of his hard work cancelled out the negative impact of the initial mistake.</li> <li>3. The two opposing forces cancel each other out, resulting in no movement.</li> </ol>
Cap off	Finish or complete, often with some decisive action.	Transitive and separable	<ol style="list-style-type: none"> <li>1. She CAPPED OFF the meeting with a radical proposal.</li> <li>2. The fireworks display capped off the spectacular event.</li> <li>3. The party was capped off by a surprise performance from a famous artist.</li> </ol>
Care for	Like.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. I don't CARE FOR fizzy drinks; I prefer water.</li> <li>2. Do you care for some tea or coffee?</li> <li>3. She always cared for her younger siblings, even when they were annoying.</li> </ol>
Carried away	Get so emotional that you lose control.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The team got CARRIED AWAY when they won the championship and started shouting and throwing things around.</li> <li>2. The excitement of the moment carried her away, and she danced with abandon.</li> <li>3. He got carried away with his story and ended up talking for hours.</li> </ol>

Ask round	Invite someone.	Transitive and Intransitive	<ol style="list-style-type: none"> <li>1. We ASKED John ROUND for dinner.</li> <li>2. We should ask the neighbours for their opinions on the upcoming changes.</li> <li>3. I'll ask around and see if anyone is interested in joining the hiking trip.</li> </ol>
Auction off	Sell something in an auction.	Transitive and Intransitive	<ol style="list-style-type: none"> <li>1. They AUCTIONED OFF their property as they were heavily in debt.</li> <li>2. The charity decided to auction off valuable paintings to raise funds.</li> <li>3. The old furniture was auctioned off to the highest bidder.</li> </ol>
Back away	Retreat or go backwards.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The crowd BACKED AWAY when the man pulled a knife.</li> <li>2. When the dog growled, she quickly backed away to avoid any confrontation.</li> <li>3. The stranger's aggressive behaviour made him back away cautiously.</li> </ol>
Back down	Retract or withdraw your position or proposal in an argument.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. She refused to BACK DOWN and was fired.</li> <li>2. After a heated argument, he eventually realised he was wrong and decided to back down.</li> <li>3. The company refused to back down from their position in the negotiation.</li> </ol>
Back into	Enter a parking area in reverse gear.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He prefers to BACK his car INTO the garage.</li> <li>2. He accidentally backed into a parked car while trying to parallel park.</li> <li>3. The truck driver had to back into the loading dock to unload the cargo.</li> </ol>
Back off	Retreat.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The police told the protesters to BACK OFF.</li> <li>2. He told the aggressive person to back off and give him some space.</li> <li>3. When she noticed his discomfort, she immediately backed off from the sensitive topic.</li> </ol>
Back out	Fail to keep an arrangement or promise.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He BACKED OUT two days before the holiday so we gave the ticket to his sister</li> <li>2. She had to back out of the project due to unexpected personal commitments.</li> </ol>

			<ol style="list-style-type: none"> <li>3. The performer backed out of the show, leaving the organisers in a tight spot.</li> </ol>
Back out of	Fail to keep an agreement, arrangement.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. She BACKED OUT OF the agreement at the last minute.</li> <li>2. They decided to back out of the deal when they realised the risks involved.</li> <li>3. He made a promise but later tried to back out of his commitment.</li> </ol>
Back up	Make a copy of computer data.	Transitive and separable	<ol style="list-style-type: none"> <li>1. You should always BACK UP important files and documents so that you won't lose all your work if something goes wrong with the hardware.</li> <li>2. You need to back up your important files regularly to prevent data loss.</li> <li>3. Her claims were backed up by solid evidence and witnesses.</li> </ol>
Act on	To take action because of something like information received.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The police were ACTING ON a tip from an informer and caught the gang red-handed.</li> <li>2. The manager decided to act on the feedback received from customers.</li> <li>3. Don't just think about it, but also act on your ideas.</li> </ol>
Act out	Perform something with actions and gestures..	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. They ACTED OUT the story on stage.</li> <li>2. The children decided to act out their favourite scenes from the movie.</li> <li>3. His frustration led him to act out in a way that shocked everyone.</li> </ol>
Act up	Behave badly or strangely.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. My computer's ACTING UP; I think I might have a virus.</li> <li>2. The computer started to act up, freezing in the middle of an important task.</li> <li>3. Her allergies always act up during the spring season.</li> </ol>
Add on	Included in a calculation.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. You have to ADD the VAT ON to the price they give.</li> <li>2. The hotel room was quite basic, but you could add on additional services for a fee.</li> <li>3. They decided to add on an extra day to their vacation.</li> </ol>

Add up	To make a mathematical total.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. We ADDED UP the bill to check it was correct.</li> <li>2. The numbers don't add up; there seems to be a mistake in the calculations.</li> <li>3. Her explanation didn't quite add up, and we suspected she was hiding something.</li> </ol>
Agree with	Affect- usually used in the negative to show that something has had a negative effect, especially if it makes you feel bad.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. I feel terrible- that food didn't AGREE WITH my stomach.</li> <li>2. I agree with your opinion; it makes a lot of sense.</li> <li>3. Spicy food doesn't agree with my stomach.</li> </ol>
Aim at	To target.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The magazine is AIMED AT teenagers.</li> <li>2. The company is aiming at expanding its market share in the next quarter.</li> <li>3. His jokes were clearly aimed at making the audience laugh.</li> </ol>
Allow for	Include something in a plan or calculation.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. You should ALLOW FOR delays when planning a journey.</li> <li>2. You need to allow for unexpected delays when planning your trip.</li> <li>3. The budget needs to allow for potential cost overruns.</li> </ol>
Allow of	Make possible, permit.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The rules don't ALLOW OF any exceptions.</li> <li>2. The situation does not allow for any compromises; we need a decisive solution.</li> <li>3. Such behaviour does not allow for any excuses.</li> </ol>
Angle for	Try to get something indirectly, by hinting or suggesting.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He's been ANGLING FOR an invitation, but I don't want him to come.</li> <li>2. He's been angling for a promotion for months, showcasing his skills at every opportunity.</li> <li>3. She's always angling for compliments by dressing elegantly.</li> </ol>

Answer back	To reply rudely to someone in authority.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. Her mother was shocked when she started ANSWERING her BACK and refusing to help.</li> <li>2. The teenager was punished for answering back to his parents.</li> <li>3. She never answers back to criticism; she always listens and learns.</li> </ol>
Argue down	Beat someone in a debate, discussion or argument.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The teacher tried to ARGUE the girl DOWN, but she couldn't.</li> <li>2. He tried to argue down the price of the car during negotiations.</li> <li>3. Despite his efforts, he couldn't argue down the opposing viewpoint.</li> </ol>
Argue out	Argue about a problem to find a solution.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. If we can't ARGUE our differences OUT, we'll have to take them to court.</li> <li>2. They need to sit down and argue out their differences to find a solution.</li> <li>3. The team spent hours arguing out the details of the project plan.</li> </ol>
Ask about	Ask how someone is doing, especially professionally and in terms of health.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. He ASKED ABOUT my father.</li> <li>2. Could you ask about the availability of that product at the store?</li> <li>3. I'll ask about the schedule for the event and let you know.</li> </ol>
Ask after	Enquire about someone's health, how life is going.	Transitive and separable	<ol style="list-style-type: none"> <li>1. Jenny rang earlier and ASKED AFTER you, so I told her you were fine. She asked after your well-being when I saw her yesterday.</li> <li>2. He inquired about how you've been doing and asked after your family.</li> </ol>
Ask around	Ask a number of people for information or help.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. I have no idea, but I'll ASK AROUND at work and see if anyone can help.</li> <li>2. I'll ask around and see if anyone knows where the lost key might be.</li> <li>3. He decided to ask around to gather information about the local customs.</li> </ol>
Ask in	To invite somebody into your house.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. Jon's at the door.' 'ASK him IN.'</li> <li>2. Please ask in the guests and make them feel welcome.</li> <li>3. She politely asked in the repairman to fix the broken appliance.</li> </ol>

Back down	Withdraw from a situation or argument.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. She didn't back down in the face of criticism.</li> <li>2. He had to back down when his plans were challenged.</li> <li>3. The company decided to back down from their controversial decision.</li> </ol>
Blaze up	Ignite or flare up suddenly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The fire blazed up as the wind caught it.</li> <li>2. His anger blazed up when he heard the news.</li> <li>3. The candles blazed up, lighting the room.</li> </ol>
Chop down	Cut down a tree or something with an ax or a similar tool.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They had to chop down the old tree to make space.</li> <li>2. The lumberjacks chop down trees for timber.</li> <li>3. He chopped down the overgrown bushes in the garden.</li> </ol>
Cut off	Disconnect or isolate from something or someone.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The storm cut off power to the entire neighbourhood.</li> <li>2. The phone call got cut off in the middle of our conversation.</li> <li>3. They decided to cut off ties with the unreliable supplier.</li> </ol>
Do without	Manage to live or function without something.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. During the camping trip, we had to do without electricity.</li> <li>2. She learned to do without her morning coffee.</li> <li>3. In times of scarcity, people find ways to do without luxury items.</li> </ol>
Fall through	Fail to happen or be completed.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The plans for the event fell through due to lack of funding.</li> <li>2. The business deal fell through at the last minute.</li> <li>3. Their vacation fell through because of unexpected travel restrictions.</li> </ol>
Go about	Approach or start doing something.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. Let me show you how to go about solving this problem.</li> <li>2. She went about her daily routine without any interruptions.</li> <li>3. We need to go about this project methodically.</li> </ol>
Hold out	Continue to resist or endure.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The team held out against strong opposition and won.</li> <li>2. Despite the difficulties, they held out hope for a better future.</li> <li>3. The old building won't hold out much longer without repairs.</li> </ol>

Knock out	Make unconscious, defeat, or disable.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The boxer knocked out his opponent in the third round.</li> <li>2. The virus knocked out the entire computer network.</li> <li>3. The heat wave knocked out the power grid.</li> </ol>
Look ahead	Think about the future or plan for what's coming.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. It's important to look ahead and set long-term goals.</li> <li>2. Despite the challenges, they are looking ahead to a brighter future.</li> <li>3. Let's look ahead and prepare for the upcoming challenges.</li> </ol>
Pass out	Lose consciousness or distribute.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. The heat was so intense that he passed out.</li> <li>2. The teacher passed out the exam papers.</li> <li>3. The volunteers passed out food to the homeless.</li> </ol>
Rip off	Charge excessively or remove something forcefully.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The taxi driver tried to rip off the tourists by overcharging them.</li> <li>2. The repair shop ripped him off by charging for unnecessary repairs.</li> <li>3. She felt like the high-priced item was a rip-off.</li> </ol>
See through	Perceive the true nature of something or help someone com	Intransitive and separable	<ol style="list-style-type: none"> <li>1. I can see through his lies; he's not being honest.</li> <li>2. She helped me see through the difficult project until the end.</li> <li>3. His intuition allowed him to see through the deception.</li> </ol>
Turn in	Submit something, usually a task or assignment.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. Don't forget to turn in your homework by the deadline.</li> <li>2. She turned in her resignation letter to her boss.</li> <li>3. The students turned in their completed exams</li> </ol>
Wind up	End up in a particular situation or finish doing something.	Transitive and separable	<ol style="list-style-type: none"> <li>1. They wound up lost in the unfamiliar neighbourhood.</li> <li>2. The party wound up being a huge success.</li> <li>3. He wound up his speech with a powerful quote.</li> </ol>
Yield to	Give in or surrender to something or someone.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. He yielded to temptation and ate the entire cake.</li> <li>2. The company had to yield to the market pressures.</li> <li>3. She finally yielded to her friend's request.</li> </ol>

Bank on	Rely on something or someone heavily.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. We can bank on his experience to lead the team.</li> <li>2. She's banking on her savings to fund her trip.</li> <li>3. The success of the project is heavily banked on accurate data.</li> </ol>
Carve out	Create or establish something through effort and determination.	Transitive and separable	<ol style="list-style-type: none"> <li>1. She carved out a successful career in the entertainment industry.</li> <li>2. The team worked hard to carve out a unique niche in the market.</li> <li>3. He managed to carve out time for his hobbies amidst his busy schedule.</li> </ol>
Dwell on	Think or talk about something for a prolonged period.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. Don't dwell on your mistakes; focus on moving forward.</li> <li>2. He tends to dwell on negative experiences, which affects his mood.</li> <li>3. The speaker urged the audience not to dwell on past regrets.</li> </ol>
Fill in	Provide information or details to complete a form or a gap.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. Could you please fill in this application form?</li> <li>2. She filled in the missing information on the report.</li> <li>3. He filled in for his colleague while they were on vacation.</li> </ol>
Gear up	Prepare or get ready for something, often an event or task.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. The team is gearing up for the upcoming championship.</li> <li>2. They're gearing up to launch their new product next month.</li> <li>3. We need to gear up our efforts to meet the project deadline.</li> </ol>
Lay down	Establish rules, guidelines, or principles.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The company laid down strict safety protocols for its employees.</li> <li>2. The teacher laid down the rules for classroom behavior.</li> <li>3. The organization laid down a code of ethics for its members.</li> </ol>
Pay back	Repay money or a favour to someone.	Transitive and separable	<ol style="list-style-type: none"> <li>1. I'll pay you back the money I borrowed as soon as possible.</li> <li>2. He wanted to pay back the favor by helping his friend move.</li> <li>3. She finally paid back the loan she took from her parents.</li> </ol>
Rip up	Tear something into pieces, often forcefully.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He angrily ripped up the contract after the disagreement.</li> <li>2. She accidentally ripped up the important document.</li> <li>3. The kids playfully ripped up old newspapers for a craft project.</li> </ol>

Settle down	Establish a stable life, often involving family or residence.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. After years of travelling, he decided to settle down in his hometown.</li> <li>2. They're looking to settle down and start a family.</li> <li>3. The couple settled down in a quiet suburban neighbourhood.</li> </ol>
Take after	Resemble or inherit characteristics from a family member.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. She takes after her mother in terms of artistic talent.</li> <li>2. He takes after his grandfather in his love for gardening.</li> <li>3. The child takes after his father with his adventurous spirit.</li> </ol>
Whip up	Create or prepare something quickly.	Transitive and separable	<ol style="list-style-type: none"> <li>1. She whipped up a delicious dinner in just 30 minutes.</li> <li>2. The chef can whip up mouthwatering desserts in no time.</li> <li>3. He managed to whip up a presentation on short notice.</li> </ol>
Zoom in	Focus on or enlarge an image or detail using technology.	Intransitive and Inseparable	<ol style="list-style-type: none"> <li>1. Let's zoom in on this part of the photo to see it more clearly.</li> <li>2. The camera operator zoomed in on the actor's expression.</li> <li>3. The scientist used the microscope to zoom in on the cells.</li> </ol>
Ask over	Invite someone to one's house or a specific location.	Transitive and separable	<ol style="list-style-type: none"> <li>1. We asked them over for dinner next week.</li> <li>2. He asked over his friends to celebrate his birthday.</li> <li>3. They're planning to ask over the neighbours for a barbecue party.</li> </ol>
Carry through	Successfully complete a task or plan despite difficulties.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. Despite challenges, they managed to carry through the project.</li> <li>2. She carried through her promise to help the community.</li> <li>3. The team's determination carried through the tough times.</li> </ol>
Dole out	Distribute or give out in portions.	Transitive and separable	<ol style="list-style-type: none"> <li>1. The organisation doled out food to the homeless.</li> <li>2. He doled out advice to his friends.</li> <li>3. She doled out small treats to the children at the event.</li> </ol>
Key in	Enter data or information into a computer or system.	Transitive and separable	<ol style="list-style-type: none"> <li>1. He carefully keyed in the details on the keyboard.</li> <li>2. She quickly keyed in the code to access the secure room.</li> <li>3. They need to key in the correct password to unlock the account.</li> </ol>

Roll out	Introduce or launch something new, often on a larger scale.	Transitive and Inseparable	<ol style="list-style-type: none"> <li>1. The company plans to roll out its new product next month.</li> <li>2. They rolled out the updated version of the software.</li> <li>3. The government decided to roll out the vaccination campaign.</li> </ol>
Speak off	Interrupt someone to stop them from speaking.	Intransitive and separable	<ol style="list-style-type: none"> <li>1. He spoke off the presenter during the meeting.</li> <li>2. Please don't speak me off; I have something important to say.</li> <li>3. The audience member was asked to speak off as they were being disruptive.</li> </ol>

## Practice Questions on Phrasal Verb

**Question 1: Choose the correct phrasal verb to complete the sentence.**

The company had to \_\_\_\_\_ the meeting due to unforeseen circumstances.

- a. Call off
- b. Call over
- c. Call in
- d. Run out

**Question 2: Choose the correct meaning of the phrasal verb "run into."**

- a) Start a new project
- b) Collide with something
- c) Accomplish a task
- d) Enter a building

**Question 3: Fill in the blank with the appropriate phrasal verb.**

She promised to send the \_\_\_\_\_ as soon as she's done with her revisions.

- a. Send over
- b. Hand over
- c. Carry on
- d. Get back to

**Question 4: Fill in the blanks with the correct phrasal verb.**

The politician tried to play down the seriousness of the issue.

- a) play up
- b) play along
- c) play down
- d) play around

**Question 5: Choose the synonym for the phrasal verb "bring about."**

- a) Prevent
- b) Introduce
- c) Cancel
- d) Accomplish

**Question 6: Choose the correct meaning of the phrasal verb "back up."**

- a) Support or help
- b) Retreat
- c) Backup files
- d) Pass by

**Question 7: Fill in the blank with the appropriate phrasal verb.**

The sudden rain forced us to \_\_\_\_\_ our picnic plans.

- a) call off
- b) Hold Off
- c) call in
- d) Hold up

**Question 8: Fill in the blanks with the correct phrasal verb.**

He finally managed to \_\_\_\_\_ his illness and return to work.

- a) Pull through
- b) Pull off
- c) Pull up
- d) Pull down

**Question 9: Choose the synonym for the phrasal verb "settle down."**

- a) Disturb
- b) Calm down
- c) Stand up
- d) Stand by

**Question 10: Fill in the blank with the appropriate phrasal verb.**

The committee needs to \_\_\_\_\_ the issues before making a decision.

- a) Sort out
- b) Sort off
- c) Hold back
- d) Hold off

**Question 11: Choose the correct phrasal verb to complete the sentence.**

The teacher asked the students to \_\_\_\_\_ unfamiliar words in the dictionary.

- a) Look up
- b) Look forward
- c) Look into
- d) Look onto

**Question 12: Choose the meaning of the phrasal verb "give in."**

- a) Surrender
- b) Distribute

- c) Investigate
- d) Modify

**Question 13: Fill in the blank with the appropriate phrasal verb.**

The company decided to \_\_\_\_\_ with the new marketing strategy.

- a) Go ahead
- b) Go on
- c) Lead on
- d) Take up

**Question 14: Fill in the blanks with the correct phrasal verb.**

The concert was \_\_\_\_\_ due to bad weather.

- a) Called back
- b) Hold off
- c) Called off
- d) Put off

**Question 15: Choose the synonym for the phrasal verb "take up."**

- a) Lift
- b) Begin
- c) Reduce
- d) Abandon

**Question 16: Fill in the blank with the appropriate phrasal verb.**

She was able to \_\_\_\_\_ her fear of public speaking with practice.

- a. Get out
- b. Get over
- c. Shake off
- d. Lead off

**Question 17: Choose the correct meaning of the phrasal verb "break down."**

- a) Destroy
- b) Analyse or stop functioning
- c) Retreat
- d) Organise

**Question 18: Fill in the blanks with the correct phrasal verb.**

The athlete had to \_\_\_\_\_ of the competition due to an injury.

- a. Back down
- b. Back up
- c. Back out
- d. Back in

**Question 19: Choose the synonym for the phrasal verb "come across."**

- a) Encounter
- b) Retreat
- c) Ignore
- d) Distribute

**Question 20: Fill in the blank with the appropriate phrasal verb.**

The negotiations between the two parties were difficult, but they managed to \_\_\_\_\_ a compromise.

- a) Work out
- b) Work in
- c) Work on
- d) Work at

**Question 21: Passage:**

*John had always been afraid of speaking in public. He often backed out of opportunities to give presentations or speeches. But this time, he decided it was time to face up to his fear. He signed up for a public speaking workshop, hoping to get over his anxiety. The workshop was intense, and the trainers encouraged participants to bring out their inner confidence. Over the course of a week, John noticed a significant improvement. He began to speak up during practice sessions and even volunteered to step in for one of the main speakers who had fallen ill.*

**Q - (i): In the sentence "John often backed out of opportunities," what does the phrasal verb "back out" mean?**

- a) Moved backwards
- b) Made progress
- c) Cancelled or withdrew from
- d) Supported

**Q - (ii): What does the phrasal verb "face up to" mean in the sentence "He decided it was time to face up to his fear"?**

- a) Show his emotions
- b) Look upwards
- c) Confront or deal with
- d) Accept with joy

**Q - (iii): In the context of the passage, what does "get over" mean?**

- a) Acquire
- b) Overcome
- c) Avoid
- d) Receive

**Q - (iv): What does the phrasal verb "bring out" mean in the context of the sentence "The trainers encouraged participants to bring out their inner confidence"?**

- a) Remove
- b) Reveal or emphasise
- c) Contribute to
- d) Keep hidden

**Q - (v): What is the meaning of the phrasal verb "speak up" in the sentence "He began to speak up during practice sessions"?**

- a) Speak louder
- b) Speak in a foreign language
- c) Speak more politely
- d) Speak more softly

**Q - (vi): What does "step in for" mean in the sentence "He even volunteered to step in for one of the main speakers"?**

- a) Step into a puddle
- b) Replace or substitute for
- c) Interrupt
- d) Step out of the spotlight

**Question 22:**

**Reading Comprehension: Traveling Abroad**

*Sarah had always dreamed of traveling abroad, exploring new cultures, and meeting people from around the world. Last summer, she finally set out on her journey. Her first destination was Paris, a city known for its rich history and romantic charm. As she wandered around the streets of Paris, she was amazed by the stunning architecture and the aroma of freshly baked pastries that seemed to waft through the air. Sarah decided to sign up for a local cooking class to learn how to make traditional French dishes. During the class, she struck up conversations with fellow participants, exchanging stories and culinary tips. By the end of her trip, Sarah felt like she had truly immersed herself in the French way of life.*

**Q - (i): What does the phrasal verb "set out" mean in the sentence "Last summer, she finally set out on her journey"?**

- a) Returned home
- b) Started a journey
- c) Decided not to go
- d) Arrived at her destination

**Q - (ii): What does the phrasal verb "wandered around" imply in the context of the sentence?**

- a) Got lost
- b) Walked without purpose
- c) Ran quickly
- d) Visited tourist attractions

**Q - (iii): What is the meaning of "waft through" as used in the sentence "the aroma of freshly baked pastries that seemed to waft through the air"?**

- a) Vanish suddenly
- b) Spread gently through
- c) Disappear entirely
- d) Hit with force

**Fill in the blanks with the appropriate phrasal verbs (Q.23 - Q.26):**

**Question 23. The manager asked the employees to \_\_\_\_\_ the new company policies.**

- a. Comply on
- b. Comply with
- c. Comply with respect to
- d. Follow

**Question 24. The magician managed to \_\_\_\_\_ the crowd with his incredible tricks.**

- a. put on
- b. take off
- c. hold back
- d. mesmerise

**Question 25: The team had to \_\_\_\_\_ their plans due to unexpected weather conditions.**

- a. Call off
- b. Call out
- c. Call in
- d. Call to

**Question 26: She was able to \_\_\_\_\_ the difficult task by breaking it into smaller steps.**

- a. Rectify
- b. Tackle
- c. Manage
- d. Solve out

**Question 27: Identify the sentence with the incorrect usage of a phrasal verb:**

- a) He needs to take care of his health more seriously.
- b) She needs to take her cat care while she's away.
- c) The company is taking up a new project next month.
- d) The chef always spices up his dishes with unique ingredients.

**Choose the synonym or antonym of the given phrasal verb(Q.28 - Q.29):**

**Question 28: Accelerate**

- a) Speed up (Synonym)
- b) Slow down (Antonym)
- c) Put off (Antonym)
- d) Carry on (Synonym)

**Question 29: Give up**

- a) Continue (Antonym)
- b) Surrender (Synonym)
- c) Take off (Antonym)
- d) Look after (Synonym)

**Rearrange the words to form a meaningful sentence using the given phrasal verb(Q.30 - Q.31) (TITA):**

**Question 30 :** (1)new, (2)The,(3) has, (4)management, (5)taken, (6)the, (7)company, (8)over, (9) Project

**Question 31:** (1) their, (2)They, (3) should, (4)plans, (5)stick to, (6)despite, (7)challenges.

**Choose the correct phrasal verb to complete the sentence:**

**Question 32:** The CEO's speech \_\_\_\_\_ the company's commitment to innovation and growth.

- a) brought up
- b) pointed out
- c) Set out
- d) highlighted

**Question 33:** The teacher had to \_\_\_\_\_ the students for their lack of preparation.

- a) put up
- b) bring down

- c) call out
- d) take to

**Read the passage and answer the questions using the appropriate phrasal verbs:**

**Passage:**

The company decided to **34)**\_\_\_\_\_ the outdated equipment and invest in new technology. The decision was not easy, but the potential benefits outweighed the initial costs. The employees were initially apprehensive, but they quickly **35)**\_\_\_\_\_ to the changes.

**Question 34:**

- a) Phase in
- b) Phase out
- c) Phase of
- d) Phase at

**Question 35:**

- a) adapt to
- b) adapt of
- c) adapt in
- d) adapt on

**Choose the correct idiomatic phrasal verb to complete the sentence(Q.36 - Q.38):**

**Question 36:** The comedian's jokes always \_\_\_\_\_ well with the audience.

- a) go off
- b) go down
- c) go for
- d) go through

**Question 37:** The project was delayed due to unforeseen circumstances, but we managed to \_\_\_\_\_ and complete it on time.

- a) pull through
- b) pull over
- c) pull out
- d) pull off

**Question 38:** "The company had to \_\_\_\_\_ the meeting due to unforeseen circumstances."

- A. call for
- B. call up

- C. call off
- D. call in

**Question 39: Identify the phrasal verb that best fits in the sentence below:**  
"She promised to look into the matter and get back to us."

- A. look after
- B. look into
- C. look up to
- D. look out for

**Question 40: Identify the sentence with the incorrect usage of a phrasal verb:**

- a) The students should look up to their teachers for guidance.
- b) He needs to look up the meaning of that word in the dictionary.
- c) The manager asked the employee to look into the matter.
- d) The cat looked away when I tried to pet it.

**Complete the analogy with the appropriate phrasal verb:**

**Question 41: Shy : \_\_\_\_\_**

- a) Open up
- b) Get over
- c) Close off
- d) Break down

**Question 42: Forget : \_\_\_\_\_**

- a) Keep up
- b) Bring back
- c) Slip through
- d) Give in

**Question 43: Complete the sentence with the appropriate phrasal verb:**  
"After the long day at work, he decided to \_\_\_\_\_ and relax."

- A. wind up
- B. wind down
- C. wind off
- D. wind on

**Passage:**

**Read the following passage and answer the question below.**

*John had been looking forward to the vacation for months. However, his flight got delayed, and when he finally arrived at the resort, he was informed that his booking had been accidentally canceled. He was frustrated and didn't know what to do.*

**Question 44: Which phrasal verb best describes John's situation upon arriving at the resort?**

- A. set off
- B. give up
- C. check in
- D. run out

**Question 45: Identify the sentence with the incorrect usage of a phrasal verb:**

- a) She handed in her assignment yesterday.
- b) The company is handing out free samples of their new product.
- c) He's been trying to hand over smoking for years.
- d) The detective is determined to hand off the case to his colleague.

**Choose the synonym or antonym of the given phrasal verb (Q.46 - Q47):**

**Question 46: Overcome**

- a) Surrender (Antonym)
- b) Face up to (Synonym)
- c) Conquer (Synonym)
- d) Give away (Antonym)

**Question 47: Put off**

- a) Delay (Synonym)
- b) Speed up (Antonym)
- c) Call off (Synonym)
- d) Carry out (Antonym)

**Question 48: Identify the error in the following sentence and choose the correct phrasal verb to replace the incorrect one:**

**"The project manager needs to follow up on the progress regularly."**

- A. follow up
- B. follow on
- C. follow with
- D. follow by

**Passage:**

**Read the following passage and answer the question below.**

*The team had been working tirelessly on the project for months. However, due to unforeseen circumstances, they had to put off the presentation to a later date. Despite the setback, they remained determined to carry on and deliver a successful outcome.*

**Question 49: What does the phrasal verb "put off" mean in the context of the passage?**

- A. Postpone
- B. Speed up
- C. Finish
- D. Begin

**Direction: Choose the correct phrasal verb to complete the sentence:**

**Question 50: The company decided to \_\_\_\_\_ the old manufacturing process and adopt a more efficient one.**

- a) phase out
- b) phase in
- c) phase off
- d) phase up

## **Solutions**

**Answer 1: a) call off**

Explanation: "Call off" means to cancel or postpone something.

**Answer 2: b) Collide with something**

Explanation: "Run into" means to collide with or encounter unexpectedly.

**Answer 3: A) send over**

Explanation: "Send over" means to transmit or forward something, often electronically.

**Answer 4: c) play down**

Explanation: "Play down" means to minimise the importance or significance of something.

**Answer 5: a) Support or help**

Explanation: "Back up" means to provide support, assistance, or validation.

**Answer 6: a) Support or help**

Explanation: "Back up" means to provide support, assistance, or validation.

**Answer 7: b) Hold off**

Explanation: "Hold off" means to delay or postpone something, usually due to unfavourable conditions.

**Answer 8: a) pull through**

Explanation: "Pull through" means to recover from a difficult situation, illness, or challenge.

**Answer 9: b) Calm down**

Explanation: "Settle down" can mean to become calm, relaxed, or establish a stable life.

**Answer 10: a) sort out**

Explanation: "Sort out" means to resolve, organise, or clarify a situation or problem.

**Answer 11: a) look up**

Explanation: "Look up" means to search for information in a reference source, like a dictionary or encyclopaedia.

**Answer 12: a) Surrender**

Explanation: "Give in" means to yield or surrender, especially in a contest or argument.

**Answer 13: a) go ahead**

Explanation: "Go ahead" means to proceed or continue with a plan or action.

**Answer 14: c) called off**

Explanation: "Called off" means to cancel or postpone an event or activity.

**Answer 15: b) Begin**

Explanation: "Take up" means to start or begin a new activity or hobby.

**Answer 16: b) get over**

Explanation: "Get over" means to recover from or overcome something, such as a fear or illness.

**Answer 17: b) Analyze or stop functioning**

Explanation: "Break down" can mean to analyse something into its components or to stop functioning properly.

**Answer 18: c) back out**

Explanation: "Back out" means to withdraw or pull out of a commitment or event.

**Answer 19: a) Encounter**

Explanation: "Come across" means to encounter or find something unexpectedly.

**Answer 20: a) work out**

Explanation: "Work out" means to resolve or find a solution to a problem or situation.

**Answers for Q 21:**

- (i) Answer: c) Cancelled or withdrew from
- (ii) Answer: c) Confront or deal with
- (iii) Answer: b) Overcome
- (iv) Answer: b) Reveal or emphasise
- (v) Answer: a) Speak louder
- (vi) Answer: b) Replace or substitute for

**Answers for Q22:**

- (i) Answer: b) Started a journey
- (ii) Answer: b) Walked without purpose
- (iii) Answer: b) Spread gently through

**Answer 23: b) comply with**

Explanation: The correct phrasal verb here is "comply with," which means to follow or adhere to something.

**Answer 24: d) mesmerise**

Explanation: "Mesmerize" means to captivate or fascinate someone.

**Answer 25: a) call off**

Explanation: "Call off" means to cancel or postpone an event or activity.

**Answer 26: b) tackle**

Explanation: "Tackle" means to deal with or approach a problem or task.

**Answer 27: b) She needs to take her cat care while she's away.**

Correction: She needs to take care of her cat while she's away.

**Answer 28: a) Speed up (Synonym)**

**Answer 29: b) Surrender (Synonym)**

**Answer 30: 274358619 (The company's management has taken over the new project.)**

**Answer 31: 2351467 (They should stick to their plans despite challenges.)**

**Answer 32: d) highlighted**

**Answer 33: c) call out**

**Answer 34: b) phase out**

**Answer 35: a) adapt to**

**Answer 36: b) go down**

**Answer 37: d) pull off**

**Answer 38: c) call off**

**Answer 39: b) look into**

**Answer 40: d) The cat looked away when I tried to pet it.**

**Answer 41: a) Open up**

**Answer 42: b) Bring back**

**Answer 43: b) wind down**

**Answer 44: c) Check in**

**Answer 45: c) He's been trying to hand over smoking for years.**

Correction: He's been trying to give up smoking for years.

**Answer 46: c) Conquer (Synonym)**

**Answer 47: a) Delay (Synonym)**

**Answer 48: b) follow on**

**Answer 49: a) Postpone**

In the context of the passage, the phrasal verb "put off" means to postpone or delay. The passage mentions that the team had to delay the presentation to a later date because of unforeseen circumstances. The correct option is "Postpone."

When encountering phrasal verbs in reading comprehension passages, pay close attention to the surrounding context to determine their meanings, as they can often carry specific nuances in different situations.

**Answer 50: a) phase-out**

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