

PARAMEDICAL COURSES

BSc in Clinical Psychology



Designed for Non-NEET Medical Students



- When students think of a future in medicine, MBBS is often the first path that comes to mind. However, the medical field is much wider, and there are many other courses that can lead to successful and fulfilling careers in healthcare. These options are not only easier to get into compared to MBBS but also focus on specific skills that are needed in hospitals, labs, and clinics.
- In India, many colleges now offer BSc degrees in different healthcare specialisations. **Radiology and Imaging Technology** is one such course, available in **96** colleges, mostly in **Tamil Nadu, Punjab, and Uttarakhand**. **Dialysis Technology** is offered in **125** colleges, with **Karnataka** and **Tamil Nadu** having the most. For students interested in lab work and testing, **Medical Laboratory Technology** is a good option and is offered in **108** colleges across the country.
- **Forensic Science** is another growing field, now taught in **175** colleges. **Nutrition and Dietetics**, which focuses on food and health, is offered in **149** colleges in both government and private institutions. **Anesthesia and Operation Theatre Technology** is one of the most common programs, with **234** colleges offering it, mainly in **Tamil Nadu** and **Karnataka**. **Optometry**, which deals with eye care, is also popular and is available in **125** colleges, especially in **Karnataka** and **Kerala**.
- These are just a few of the many paramedical courses that students can choose after finishing school. This guide will help you understand what each specific specialisation is about, where you can study it, and what kind of job you can get after completing it. If you're interested in working in the medical field but want an alternative to MBBS, these courses are a great place to start.

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Introduction

Have you ever wondered why people behave the way they do? Or why some people experience anxiety, depression, or trauma while others seem to handle life easily? If you've ever been curious about how the human mind works and want to help people feel mentally better, then BSc in Clinical Psychology could be the perfect course for you.

BSc in Clinical Psychology is a 3-year undergraduate course designed to introduce students to the scientific study of the mind and behaviour. It focuses on mental health, emotions, thought processes, and how people deal with life challenges. The word "clinical" means that this course teaches you not just theory, but also how to help people in real-life situations, like counselling someone with anxiety, helping a teenager deal with stress, or understanding why someone might feel sad all the time.

This course is not only about studying books. You'll learn how to talk to people, listen carefully, ask the right questions, and slowly understand what's going on in their minds. You'll also study how mental health is connected to our body, environment, lifestyle, and experiences.

The course covers different areas of psychology, such as abnormal psychology, counselling techniques, human development, personality, emotions, and psychological testing. Over time, you'll start to understand how mental health professionals assess a person's behaviour and support them through therapy, lifestyle changes, and emotional care.

Clinical psychology is a growing field in India. As awareness about mental health

improves, more people are seeking professional help for issues like stress, anxiety, depression, relationship problems, learning difficulties, and trauma. Schools, hospitals, and even workplaces are hiring psychologists to help people cope better with daily life and mental health challenges.

If you're a student who enjoys listening to others, observing human behaviour, and wants to support people without judging them, this course will feel meaningful and rewarding. You don't need to be perfect or know all the answers; just having the willingness to learn and care about others is a good start.

The good news? You don't need NEET or any medical entrance exam to join this course. Most colleges accept students based on their Class 12 marks, especially from the science or arts streams. Psychology is a subject where both compassion and logic work together, making it ideal for students who are both empathetic and curious.

In this guide, we'll walk you through everything you need to know about BSc in Clinical Psychology, from why you should choose it, what the course covers, eligibility and admission steps, college options, career paths, salary, and even how you can work abroad. Whether your dream is to become a therapist, researcher, or work in mental health care, this course is your first step toward making a real difference in someone's life.

Why Choose BSc in Clinical Psychology?

In today's fast-moving world, more and more people are dealing with stress, anxiety, and emotional challenges. From teenagers struggling with peer pressure to adults coping with work stress or personal trauma, mental health is becoming just as important as physical health. That's where clinical psychology steps in. It's a field that helps people understand their emotions, change unhealthy thinking patterns, and live better lives.

If you've ever felt like you want to help people, listen to their problems, and support them emotionally, then BSc in Clinical Psychology is a course worth considering. Let's explore why this course is gaining popularity and how it can lead to a meaningful career.

You'll Understand the Human Mind

The human brain is fascinating. Why do we behave the way we do? What causes fear, happiness, anger, or sadness? How do memories, experiences, or childhood shape our adult lives? As a clinical psychology student, you'll explore these questions and more. You'll learn about different emotions, mental disorders, personality types, and how a person's environment affects their thinking. This knowledge helps you understand yourself better and also teaches you how to help others.

A Career That Helps People

Not everyone has someone to talk to when they feel low or overwhelmed. As a clinical psychology student, you'll be trained to become that support system. You'll learn how to:

- Listen without judging
- Ask the right questions
- Understand what someone is going through
- Suggest helpful coping techniques
- Recognise when a person needs professional therapy or medical help

You won't be treating people with medicine like a doctor, but you'll play an equally important role by being a mental health guide.

No NEET or Medical Entrance Needed

One of the biggest advantages of this course is that you don't need to appear for NEET or other tough entrance exams. Most colleges offer admission based on your Class 12 board marks. Some may hold entrance tests or interviews, but overall, the admission process is friendly and stress-free.

Growing Job Demand in Mental Health

In India and around the world, mental health awareness is growing. Schools need child psychologists, companies need employee counsellors, and hospitals need trained clinical psychologists to work with patients dealing with anxiety, depression, trauma, and more.

With a degree in Clinical Psychology, you can work in:

- Hospitals and mental health clinics

- NGOs and rehabilitation centres
- Schools and colleges as a counsellor
- Private practice or therapy centres
- Research organisations or psychology labs

A Course for Thoughtful, Kind Students

You don't need to be a "topper" or extremely talkative to succeed in this field. What matters most is that you're empathetic, curious, patient, and a good listener. If you're someone who observes people, asks deep questions, or wants to understand emotions, this course could be your calling.



BSc in Clinical Psychology: Highlights



Feature	Description
Course Name	Bachelor of Science (BSc) in Clinical Psychology
Duration	3 years (6 semesters)
Mode of Study	Full-time, regular
Medium of Instruction	English
Eligibility	Class 12 in any stream (Science/Arts preferred), with minimum 45–60% marks
NEET Required	No
Core Subjects	- Introduction to Psychology- Developmental Psychology- Abnormal Psychology- Cognitive Psychology- Psychological Testing- Research Methods- Counselling Skills
Skills You'll Gain	- Understanding human behaviour- Conducting psychological assessments- Interviewing and counselling skills- Case study analysis- Report writing and observation
Practical Training	- Lab sessions- Role plays and counselling simulations- Field visits or internships (in final year in some colleges)
Common Job Roles After Graduation	- Mental Health Counsellor- Clinical Psychology Assistant- Rehabilitation Worker- Behavioural Therapist- Research Assistant
Work Settings	- Hospitals- Schools and colleges- Mental health NGOs- Clinics- Community health programs
Higher Study Options	- MSc in Clinical Psychology- MA in Psychology- M.Phil. in Clinical Psychology (to become licensed therapist)- PhD in Psychology- Diploma in Counselling or Child Psychology

BSc in Clinical Psychology: Eligibility Criteria

If you're planning to study BSc in Clinical Psychology, it's important to first check whether you meet the basic eligibility requirements. The good news is that this course is open to students from different backgrounds and doesn't require you to take any difficult entrance exams like NEET. Here's a clear breakdown of what you need to know:

1. Educational Qualification

To apply for BSc in Clinical Psychology, you should have passed Class 12 (10+2) or its equivalent from a recognised board such as CBSE, ICSE, or a state board. This means students who have just finished their school education are eligible to apply.

Most colleges prefer students who have studied Science or Arts in Class 12. If you had subjects like Psychology, Biology, Sociology, or Home Science, that's even better. However, some colleges also allow students from the Commerce stream, as long as they meet the other criteria. The idea is to admit students who show interest in understanding human behaviour and mental health.

2. Minimum Marks Required

The percentage of marks you need in Class 12 varies from one college to another. On average, you'll need at least 45% to 60% in your board exams. Some top private universities or national-level colleges may have higher cut-offs, especially for merit-based seats.

If you belong to a reserved category such as SC, ST, or OBC, many colleges offer relaxation of 5% to 10% in the required marks. Always check the college's official admission brochure for the exact details.

3. Age Limit

Most colleges require students to be at least 17 years old at the time of admission. There is usually no strict upper age limit, which means students who've taken a break after school can also apply.

4. Entrance Exams (if any)

The best part about this course is that you don't need to appear for NEET or any national-level medical entrance exam. Most colleges offer direct admission based on your Class 12 marks.

However, a few institutions, especially reputed universities, may conduct their entrance test or interview. These tests are generally simple and may include:

- Basic questions on English and general awareness
- Logical reasoning or psychology-related topics (if applicable)
- An interview to check your interest in the subject

Some central universities may also admit students based on CUET (Common University Entrance Test) scores.

5. Medical or Psychological Fitness

While most colleges don't require a formal medical fitness certificate, it's important to be mentally prepared for a course that involves discussions about emotional and psychological issues. If you're sensitive, compassionate, and mentally stable, you're likely to do well in this field.



BSc in Clinical Psychology: Admissions

If you're interested in studying BSc in Clinical Psychology, you'll be happy to know that the admission process is generally smooth and simple, especially when compared to courses like MBBS or law that require competitive national-level exams. This course is designed to welcome students who are genuinely interested in understanding human behaviour and making a difference in mental health care.

Let's break down the entire admission journey step by step so you can understand what to expect and how to prepare.

1

Research and Shortlist Colleges

Start by making a list of colleges or universities that offer BSc in Clinical Psychology. While preparing your list, think about the following:

- Is the college recognised and well-rated?
- Does it offer practical learning opportunities (labs, field visits, etc.)?
- Are there experienced psychology faculty members?
- Is the fee structure affordable for you and your family?
- What is the location? Will you be living at home or in a hostel?

2

Check the Eligibility

Before you apply, confirm that:

- You have passed Class 12 (10+2) from a recognised board
- Your stream is Science, Arts, or even Commerce (some colleges accept all)
- You scored between 45% to 60% marks (check the college-specific requirement)
- You meet the age requirement (usually 17 years and above)

Also, make sure to see if the college requires an entrance test or offers direct admission.

3

Fill Out the Application Form

Most colleges open applications between April and August, depending on their academic calendar. You can usually apply online through the college's official website. Here's what you'll typically need:

- Your basic personal and academic details
- Scanned copies of your Class 10 and 12 mark sheets
- A passport-size photograph and ID proof
- Payment of a small application fee (usually ₹500 – ₹1500)

Some colleges may offer offline forms as well, which you can fill and submit on campus.

4

Entrance Test (if required)

Many colleges offer admission based purely on Class 12 marks. However, some universities, especially private or central ones, may conduct:

- An entrance exam with basic questions on English, reasoning, or general awareness
- An interview to assess your interest and communication skills

5

Check Merit List or Results

After reviewing applications and test/interview performance, colleges publish a merit list or declare results online. If your name appears on the list, you'll receive an offer to join the program. Make sure to confirm your seat quickly, as many colleges have limited seats for this course.

6

Final Admission and Fee Payment

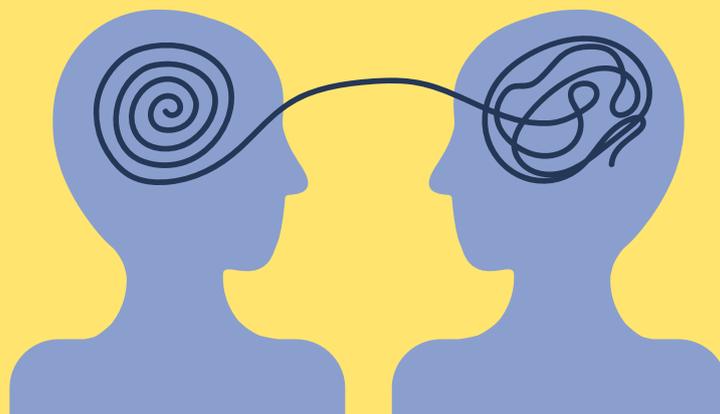
Once you're selected, you'll be asked to:

- Submit original documents for verification
- Pay the admission or tuition fee
- Submit photographs and other forms as required
- Finalise hostel admission, if needed

Keep all your receipts and confirmation letters safely for future reference.

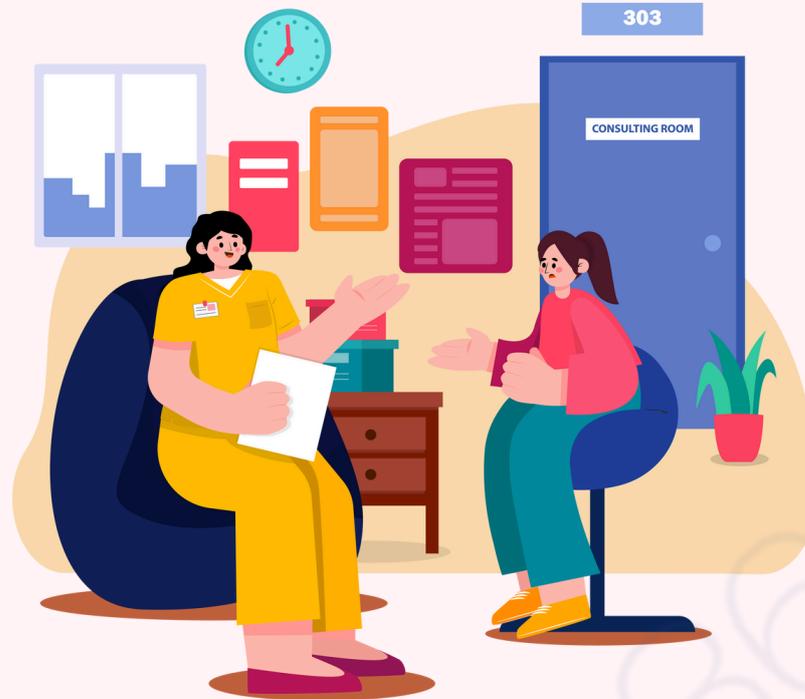
Common Documents You'll Need

- Class 10 and 12 mark sheets
- School leaving or transfer certificate
- Birth certificate or ID proof (like Aadhar)
- Passport-size photos
- Caste certificate (if applicable)
- Entrance exam scorecard or CUET score (if required)



BSc in Clinical Psychology: Top Colleges and Fees

State	College Name	Ownership	Course Name	Total Course Fees(₹)
Assam	Assam Down Town University, Guwahati	Private	B.Sc Clinical Psychology	
Bihar	Amity University, Patna	Private	B.Sc Clinical Psychology	1,66,500
Haryana	Manav Rachna International Institute of Research and Studies, Faridabad	Private	B.Sc Clinical Psychology	1,51,200
Haryana	Amity University, Gurugram	Private	B.Sc Clinical Psychology Hons	4,20,000
Jharkhand	Amity University, Ranchi	Private	B.Sc Clinical Psychology	2,37,000
Karnataka	Amity University, Bengaluru	Private	B.Sc Clinical Psychology	2,94,000
Karnataka	Yenepoya School of Allied Health Sciences, Mangaluru	Private	B.Sc Clinical Psychology	6,00,000
Karnataka	Yenepoya University, Bangalore Campus	Private	B.Sc Clinical Psychology	6,00,000
Karnataka	Sri Devaraj Urs Academy of Higher Education and Research, Tamaka	Private	B.Sc Clinical Psychology	
Madhya Pradesh	Amity University, Gwalior	Private	B.Sc Clinical Psychology Hons	3,68,000
Maharashtra	Amity University, Mumbai	Private	B.Sc Clinical Psychology Hons	3,20,000
Maharashtra	Pimpri Chinchwad University, Pune	Private	B.Sc Clinical Psychology	3,30,000
Maharashtra	School of Allied Health Sciences, Datta Meghe Institute of Higher Education and Research, Wardha	Private	B.Sc Clinical Psychology	
Punjab	Amity University, Mohali	Private	B.Sc. Clinical Psychology	2,13,000
Rajasthan	NIMS University, Jaipur	Private	B.Sc Clinical Psychology	
Tamil Nadu	Dhanalakshmi Srinivasan University, Tiruchirappalli	Private	B.Sc Clinical Psychology	3,00,000
Tamil Nadu	SRM Medical College Hospital and Research Centre, Chennai	Private	B.Sc Clinical Psychology	
Uttar Pradesh	Amity Institute of Psychology and Allied Sciences, Noida	Private	B.Sc Clinical Psychology	



Career Opportunities After BSc in Clinical Psychology

Mental health is no longer a taboo subject. In today's world, people are finally opening up about their emotional struggles and seeking help. That's why the demand for mental health professionals, especially clinical psychologists, is growing every day. If you're thinking about what you can do after your BSc in Clinical Psychology, the answer is: quite a lot. This course gives you the foundation to build a rewarding career where you can make a real difference in people's lives.

1. Mental Health Counsellor

Right after your graduation, you can start working as a counselling assistant or mental health support worker under the supervision of a licensed psychologist. In this role, you'll:

- Support individuals dealing with stress, anxiety, or emotional problems
- Assist in organising therapy sessions or workshops
- Help clients express their feelings and understand their behaviours
- Refer serious cases to trained professionals for further care

Many schools, NGOs, and health organisations hire psychology graduates in these supportive roles.

2. Clinical Psychology Assistant

Hospitals and mental health clinics often need psychology graduates to help with patient documentation, initial assessments, and therapy coordination. You may work alongside:

- Psychiatrists (who treat mental illness using medicine)
- Clinical psychologists (who offer therapy and assessments)
- Social workers and rehabilitation specialists

This is a great starting point to gain real-world experience in a clinical setting.

3. Behavioural Therapist (With Short-Term Training)

With a few short-term certifications in behaviour therapy or applied psychology, you can work with:

- Children with learning disabilities or autism
- Teens dealing with behavioural issues
- Adults facing addiction or anger problems

You'll assist in designing behavioural plans and using positive reinforcement techniques.

4. School Counsellor (With Further Studies)

If you enjoy working with young people, school counseling can be a meaningful path. After completing your BSc and a diploma or master's in counselling, you can work in:

- Schools (CBSE/ICSE/IB) as a child counsellor
- Coaching institutes to help students handle exam stress
- Universities providing emotional support for college students

Your role would include guiding students through emotional, academic, or social challenges.

5. Research Assistant in Psychology

If you love reading, writing, and analysing data, you can work with senior psychologists or university departments on research projects. You'll help in:

- Collecting data through surveys or interviews
- Analysing mental health patterns
- Writing papers for journals or conferences

This is a good path for students who want to later pursue M.Phil. or PhD.



- Rehabilitation Worker in mental health NGOs
- HR Assistant in wellness-focused companies
- Content Creator for psychology-based platforms
- Program Coordinator for emotional wellness events or helplines

SALARY EXPECTATIONS IN INDIA

Job Role	Entry-Level Salary (Annual)	With Experience (5+ Years) (Annual)
Clinical Psychology Assistant	₹1.8 Lakhs to ₹3.1 Lakhs	₹3.0 Lakhs to ₹5.5 Lakhs
Mental Health Counsellor	₹1.2 Lakhs to ₹3.6 Lakhs	₹1.0 Lakhs to ₹6.8 Lakhs
Behaviour Therapist	₹1.8 Lakhs to ₹3.0 Lakhs	₹3.0 Lakhs to ₹3.0 Lakhs
School/Child Counsellor	₹1.2 Lakhs to ₹5.0 Lakhs	₹1.5 Lakhs to ₹7.5 Lakhs
Research Assistant	₹1.0 Lakhs to ₹7.4 Lakhs	₹2.0 Lakhs to ₹10.0 Lakhs

Data Source - Third Party

Note: Salaries may vary depending on the city, organisation, and your specialisation



BSc in Clinical Psychology Scope Abroad

Mental health is a global concern, and trained psychologists are needed all over the world. If you've completed your BSc in Clinical Psychology in India and are curious about working or studying abroad, there are plenty of opportunities waiting for you. Whether it's counselling in schools, supporting patients in clinics, or conducting research, many countries actively hire psychology graduates.

Let's explore what you can do abroad after completing your degree and how to prepare for it.

Why Choose to Work or Study Abroad?

Working abroad is not just about earning a higher salary; it's about gaining exposure to better healthcare systems, modern therapy methods, and cross-cultural experience. Here are some major benefits:

- Higher pay and better work environments
- Access to advanced counselling and psychological tools
- Opportunities for specialised training (like trauma therapy, CBT, etc.)
- Option to work in schools, clinics, universities, and NGOs
- Pathways for permanent residency in countries like Canada or Australia

Countries Where Psychology Graduates Are in Demand

Country	Workplaces	Common Requirements
USA	Research labs, mental health centers, hospitals	GRE, TOEFL/IELTS, Master's or PhD required for licensing
UK	NHS roles, therapy clinics, schools	Master's degree + BPS accreditation + IELTS
Canada	Counselling centers, child psychology, research work	Master's or postgrad diploma, WES evaluation, IELTS
Australia	School counsellors, rehab centers, wellness clinics	Psychology Board of Australia registration, English proficiency
UAE	Hospitals, corporate counselling, expat wellness programs	DHA/MOH license, 1-2 years experience preferred
New Zealand	Mental health clinics, NGOs, disability services	Psychology registration board, IELTS

Study Abroad After BSc in Clinical Psychology

- If you want to pursue further studies abroad before starting your career, here are some top courses:
- MSc in Clinical Psychology
- MA in Counselling or Applied Psychology
- Postgraduate Diploma in Mental Health
- Master's in Child or Educational Psychology
- PhD in Psychology or Cognitive Sciences

Documents You'll Need

- To apply for studies or jobs abroad, you'll need:
- Degree certificates and transcripts from your BSc
- Valid passport and updated CV
- English language test scores (like IELTS, TOEFL, or PTE)
- Letters of recommendation from professors
- Statement of Purpose (SOP) or personal essay
- Work experience certificates (if any)
- Health and police clearance (for visas or PR)



- Get 1–2 years of experience in hospitals, NGOs, or school counselling.
- Complete short-term certifications in areas like CBT, child psychology, or counselling skills.
- Attend online international psychology workshops to build your global exposure.
- Join platforms like LinkedIn or psychology forums to network with professionals abroad.
- Plan and apply for IELTS or TOEFL early, if aiming for higher studies.

BSc in Clinical Psychology: FAQs



If you're considering BSc in Clinical Psychology, it's natural to have some questions about the course, career scope, and what comes next. This section answers the most common doubts students like you have, from eligibility and job options to salary and study opportunities abroad.

Q1. What is BSc in Clinical Psychology?

BSc in Clinical Psychology is a 3-year undergraduate degree that focuses on understanding human behaviour, emotions, mental disorders, and counselling techniques. Students learn about psychological theories, mental health conditions, and how to support individuals facing emotional or behavioural challenges.

Q2. Do I need to study Science in Class 12 to apply?

Not necessarily. While having a Science or Arts background is preferred, many colleges also accept students from the Commerce stream. Subjects like Psychology, Biology, or Sociology in Class 12 can give you a good head start, but they are not mandatory for all colleges.

Q3. Is NEET required for BSc in Clinical Psychology?

No, NEET is not required. Admission is usually based on your Class 12 board marks. Some colleges might conduct small entrance tests or interviews, but they are not difficult like medical entrance exams.

Q4. What kind of jobs can I get after this course?

After completing this course, you can work as:

- Mental Health Counsellor (under supervision)
- Clinical Psychology Assistant
- Behavioural Therapist (with certification)
- School Counsellor (after further study)
- Research Assistant in psychology projects
- Rehab or NGO support worker

To work as an independent psychologist or therapist, further studies like an MSc, an MA, or an MPhil. are recommended.

Q5. What's the difference between a clinical psychologist and a psychiatrist?

A clinical psychologist helps people with emotional and behavioural problems using counselling and therapy. A psychiatrist is a medical doctor who treats mental illness with medicine. To become a psychiatrist, you need to study MBBS. To become a clinical psychologist, you study psychology (like BSc + MPhil).

Q6. Is this course suitable for sensitive or shy students?

Yes! You don't need to be super outgoing or loud. In fact, being a good listener, empathetic, and observant is more important in this field. If you care about others and want to help, this course is a great fit.

Q7. How much can I earn after BSc in Clinical Psychology?

Fresh graduates can expect to earn between ₹2.5 – ₹4 LPA, depending on where they work (hospital, school, NGO, etc.). With experience and further studies, salaries can go up to ₹6 – ₹10 LPA or even more, especially in private practice or abroad.

Q8. Can I go abroad after this course?

Yes. You can either pursue higher education abroad (like MSc or MA in Psychology) or work in roles like counselling support or research. Most countries require licensing exams and a Master's degree to work independently as a therapist.

Q9. What should I study after BSc if I want to become a certified psychologist?

To become a licensed clinical psychologist in India, the usual path is: BSc in Clinical Psychology, then MSc or MA in Psychology, then M.Phil. in Clinical Psychology (RCI recognised). You can also do a PhD if you're interested in research or teaching.

Q10. Can I start counseling people right after BSc?

You can support counselling sessions and work under supervision, but to practice independently or treat serious cases, you'll need further training. It's a great starting point, but not the end of the journey.



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